

# Dietetics, Foods, and Nutrition, BS

## Subplan Food Service and Culinary Nutrition

Academic Plan: DFN-BS  
Program Code: 82141

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Dietetics, Foods, and Nutrition Degree. You and your advisor will use it, along with the program of study for your major (found in the [Lehman Catalog](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

# 30

CUNY Common Core Credits

# 12

Lehman College Option Credits

# 49.5

Major Credits

# 13

Minor or Certificate Credits (recommended)

# 15.5

Elective Credits

### LEGEND:

**Course Abbreviation** Credits

Class Name

Blue: Lehman Core Requirement (LCR)  
*Requirement fulfilled*

Green: Major Requirement

Gold: Elective, Minor, or Certificate

# - see footnote

Underlined information is hyperlinked

# FRESHMAN

<b>FALL</b>	
<b>ENG 111</b>	3 CR
English Composition I <i>Required Core – Communication</i>	
<b>LCR</b>	4 CR
<i>Flexible Core – Scientific World</i>	
<b>LCR</b>	3 CR
<i>Flexible Core – Individual and Society</i>	
<b>MAT 104</b>	3 CR
(depending on your math placement) or Elective	
Elective	3 CR
<b>LEH 100</b> (recommended) The Liberal Arts - Freshman Seminar	

<b>SPRING</b>	
<b>ENG 121</b>	3 CR
English Composition II <i>Required Core – Communication</i>	
<b>CHE 114 and CHE 115 - LCR</b>	4.5 CR
Essentials of General Chemistry – Lecture & Lab <i>Required Core – Life and Physical Science</i>	
<b>HSD 240</b>	3 CR
Nutrition and Health	
<b>MAT 132 - LCR</b>	4 CR
Introduction to Statistics Quantitative Skills <i>Required Core – Quantitative Skills</i>	

16 FALL CREDITS + 14.5 SPRING CREDITS = 30.5 CREDITS

# SOPHOMORE

<b>FALL</b>	
<b>LCR</b>	3 CR
Foreign Language I <i>Required Core - Foreign Language</i>	
<b>LCR</b>	3 CR
<i>Flexible Core - US Experience in Its Diversity</i>	
<b>LCR</b>	3 CR
<i>Flexible Core – Creative Expression</i>	
<b>BIO 181 LCR</b>	4 CR
Anatomy and Physiology I – Lecture & Lab <i>Flexible Core – Any area</i> <sup>[1]</sup>	
<b>DFN 120</b>	3 CR
The Nature and Science of Food	

<b>SPRING</b>	
<b>LCR</b>	3 CR
Foreign Language II <i>Required Core - Foreign Language</i>	
<b>LCR</b>	3 CR
<i>Flexible Core – World Cultures and Global Issues</i>	
<b>BIO 182</b>	4 CR
Anatomy and Physiology II – Lecture & Lab	
<b>DFN 220</b>	4 CR
Foods, Society and Health – Lecture & Lab	

30.5 PRIOR CREDITS + 16 FALL CREDITS + 14 SPRING CREDITS = 60.5 CREDITS

# JUNIOR

<b>FALL</b>	
<b>LCR</b> <u>LEH 352, 353, 354, or 355</u> <sup>[2]</sup> <i>Lehman College Option</i>	3 CR
<b>ACC 185</b> Principles of Accounting or Accounting for Non-Accounting Majors	3 CR
<b>BIO 230</b> Microbiology – Lecture & Lab	4 CR
<b>DFN 341</b> Nutrition Throughout the Life Cycle	3 CR
<b>HSD 266</b> The U.S. Healthcare Delivery System	3 CR

<b>SPRING</b>	
<b>LCR</b> <u>LEH 352, 353, 354, or 355</u> <sup>[2]</sup> <i>Lehman College Option</i>	3 CR
<b>DFN 330</b> Quantity Food Procurement, Production, and Service	3 CR
<b>DFN 348</b> Nutrition in the Management of Disease	3 CR
Elective	4 CR
Minor or Certificate I <sup>[3]</sup>	3 CR

60.5 PRIOR CREDITS + 16 FALL CREDITS + 16 SPRING CREDITS = 92.5 CREDITS

# SENIOR

<b>FALL</b>	
<b>DFN 430</b> Management of Dietetic Services	3 CR
<b>DFN 437</b> Nutrition Education and Counseling	3 CR
Elective	2 CR
Minor or Certificate II <sup>[3]</sup>	4 CR

<b>SPRING</b>	
<b>DFN 470</b> Dietetic Services Field Experience	2 CR
Elective	3.5 CR
Elective	4 CR
Minor or Certificate III <sup>[3]</sup>	3 CR
Minor or Certificate IV <sup>[3]</sup>	3 CR

92.5 PRIOR CREDITS + 12 FALL CREDITS + 15.5 SPRING CREDITS = 120 CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] These are variable topics courses, where each section treats a special topic. Pre-requisite: You must have achieved 60 credits and declared your major. Integration Courses: LEH 352: Studies in Literature; LEH 353: Studies in Arts; LEH 354: Studies in Historical Studies; LEH 355: Studies in Philosophy, Theory & Abstract Thinking {LEH 351: Studies in Science & Applied Perspectives, is NOT a College Option for this Major}

[3] We strongly recommend clustering 12- 15 elective credits to obtain a minor or certificate that complements your general and major field of study. The choice of the minor or certificate depends on your interest and should be coordinated with advisors. See information on available minors and certificates.

*NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive, 3 prior to earning 60 credits and 1 following. These sections may be searched by class attribute and are offered in General Education, major, minor and elective courses.*

[See other degree maps.](#)