

Macaulay Honors College

MHC Recreation Education, BS

Academic Plan: MHCREED-BS
Program Code: 60214

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Recreation Education Degree.

You and your advisor will use it, along with the program of study for your major (found in the [Lehman Bulletin](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

30

CUNY Common Core Credits

9-18

Additional Macaulay Honors Requirements

12

Lehman College Option Credits

40

Major Credits

20-29

Elective Credits

LEGEND:

Course Abbreviation Credits

Class Name

Blue: Lehman Core Requirement (LCR) &
Macaulay Honors College Requirement
Requirement fulfilled

Green: Major Requirement

Gold: Elective, Minor, or Certificate

- see footnote

Underlined information is hyperlinked

FRESHMAN

FALL	
ENG 111	3 CR
English Composition I <i>Required Core – Communication</i>	
MHC 350	3 CR
The Arts in New York City Fulfills <i>Flexible Core – Creative Expression</i>	
MAT 104 (depending on your math placement) or Elective	3 CR
LCR	3 CR
<i>Flexible Core – World Cultures and Global Issues</i>	
LCR	3 CR
Foreign Language I <i>College Option - Foreign Language</i>	
Note: Macaulay Honors Advisement ^[4]	

SPRING	
MHC 351	3 CR
The Peopling of New York City Fulfills <i>Flexible Core – US Experience in Its Diversity</i>	
LCR	3 CR
<i>Required Core – Quantitative Skills</i>	
LCR	3 CR
<i>Flexible Core – Any area</i> ^[1]	
LCR	3 CR
Foreign Language II <i>College Option - Foreign Language</i>	
REC 300	3 CR
History and Philosophy of Recreation	
Note: Macaulay Honors Advisement ^[4]	

15 FALL CREDITS + 16 SPRING CREDITS = 30 CREDITS

SOPHOMORE

FALL	
MHC 352	3 CR
Science and Technology in New York City Fulfills <i>Flexible Core – Scientific World</i>	
LCR	3 CR
Foreign Language III <i>College Option - Foreign Language</i>	
LSP ###/ MHC ### ^[7]	3 CR
Select one LSP/MHC Seminar	
Elective	3 CR
Elective	3 CR
Note: Macaulay Honors Advisement ^[4]	

SPRING	
ENG 121	3 CR
English Composition II <i>Required Core – Communication</i>	
MHC 353	3 CR
Shaping the Future of New York City Fulfills <i>Flexible Core – Individual and Society</i>	
LCR	3 CR
Foreign Language IV <i>College Option - Foreign Language</i>	
LCR	3 CR
<i>Required Core – Life and Physical Science</i>	
Elective	3 CR
Note: Macaulay Honors Advisement ^[4]	

30 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 60 CREDITS

JUNIOR

FALL

LSP ###/ MHC ### ^[7] 3 CR
Select one LSP/MHC Seminar

REC 320 3 CR
Recreation Leadership

REC 321 3 CR
Introduction to Therapeutic Recreation Service

REC 325, REC 360 or EXS 264 ^[2] 3 CR
Based on chosen Subplan

Elective 2 CR

Note: Additional Macaulay Requirements ^[5]

SPRING

Internship or Study Abroad 3 CR
or Elective ^[6]

REC 387 3 CR
Research and Evaluation in Recreation Service

REC 401 3 CR
Administration of Recreation Services

REC 421, REC 361 or EXS 265 ^[2] 3 CR
Based on chosen Subplan

REC, REH, EXS, DNC, DFN, HEA, HSA, or HSD ### ^[3] 4 CR
Recreation elective

Note: Additional Macaulay Requirements ^[5]

60 PRIOR CREDITS + 14 FALL CREDITS + 16 SPRING CREDITS = 90 CREDITS

SENIOR

FALL

Senior Year Option 1 or 2 ^[8] 3-6 CR

REC 387 3 CR
Research and Evaluation in Recreation Service

REC, REH, EXS, DNC, DFN, HEA, HSA, or HSD ### ^[3] 3 CR
Recreation elective

REC 425, REC 422 or EXS 304 ^[2] 3 CR
Based on chosen Subplan

Elective 4 CR

SPRING

Senior Year Option 1 or 2 ^[8] 3-6 CR

LSP ###/ MHC ### ^[7] 3 CR
Select one LSP/MHC Seminar

REC 370 4 CR
Recreation Internship

REC 470 4 CR
Senior Internship in Recreation

90 PRIOR CREDITS + 16 FALL CREDITS + 14 SPRING CREDITS = 120 CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] Select Sub Plan then follow course plan:

- Sub Plan 1 Therapeutic Recreation - [REC 325](#): Therapeutic Recreation in Long-Term Care, [REC 421](#): Programs in Therapeutic Recreation Service and [REC 425](#): Processes and Techniques of Therapeutic Recreation

- Sub Plan 2 Recreation Administration - [REC 360](#): Selected Topics in Recreation, [REC 361](#): Camp Leadership and Outdoor Recreation and [REC 422](#): Program Planning in Recreation

- Sub Plan 3 Exercise and Sport - [EXS 264](#): Physical Fitness and Exercise, [EXS 265](#): Behavioral Aspects of Physical Activity and [EXS 304](#): Coaching Sports

[3] Take any 8-credit course with Departmental Advisor approval from: [REC](#), [REH](#), [EXS](#), [DNC](#), [DFN](#), [HEA](#), [HSA](#), or [HSD](#).

[4] Every Macaulay Honors student is required to meet with the Macaulay Honors Advisor prior to registration during their first four terms.

[5] Every Macaulay Honors student is required to complete a minimum of 30 hours of community service by their senior year.

[6] Every Macaulay Honors student is required to complete at least one (1) qualifying internship or study abroad experience. Students may fulfill this requirement with a paid, unpaid, and credit-bearing or non-credit bearing experience. In all instances, students must complete an MHC internship agreement form and subsequent internship evaluation, in order to be acknowledged for fulfilling this requirement.

[7] Every Macaulay Honors student is required to complete nine (9) credits in Upper Level honors courses (MHC or LSP). These courses can be taken at the Macaulay Honors College, which may require an ePermit (See Advisor). They may also be taken on campus by enrolling in an LSP Seminar.

[8] Macaulay Honors students may chose a Senior Option 1 or Senior Option 2 based on the following

Senior Option 1

Fall Semester: [LSP ###/ MHC ###](#) (select one LSP/MHC seminar)

Spring Semester: Honors in Major (Where offered) or LSP 481: Honors Tutorial

Senior Option 2

Fall Semester: [LSP ###/ MHC ###](#) (select one LSP/MHC seminar) and [MHC 355](#): Research Seminar (Part 1)

Spring Semester: [MHC 355](#): Research Seminar (Part 2)

NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive, 3 prior to earning 60 credits and 1 following. These sections may be searched by class attribute and are offered in General Education, major, minor and elective courses.

[See other degree maps.](#)