

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF SOCIAL WORK

CURRICULUM CHANGE

Name of Program and Degree Award: Aging (Interdisciplinary Minor)

Effective Term: Fall 2024

1. **Type of Change:** Degree Requirements

2. **From:**
Aging (Interdisciplinary Minor)

The Interdisciplinary Minor in Aging will engage students from all Departments across different Schools within the College in a common goal of scholarship in the area of aging; it will also prepare students interested in working professionally in the field of aging. A range of relevant courses representing the College's broad curricular offerings will be available to students to provide an understanding of aging from various perspectives. The Minor will be of interest to students who are majoring in several departments in the Natural and Social Sciences, including but not limited to Anthropology, Biology, Economics, Health Sciences, Nursing, Psychology, Social Work, and Sociology, as well as to students majoring in such Arts and Sciences disciplines as Art, History, Literature, Music, and Speech-Language-Hearing Sciences.

Degree Requirements

Students will complete four courses (12 credits) at the 200- and 300-level. At least six credits must be taken in 300-level courses, or a higher-level course approved by the Program. No more than 6 credits may be taken in any one department.

Students will select in consultation with their advisor from the following menu of relevant 3-credit courses offered in various departments in the Schools of Natural and Social Sciences and Health Sciences, Human Services, and Nursing:

Minor Requirements – Overall
Type: Completion requirements
Earn at least 12 credits

Minor requirements – Required Courses
Type: Completion requirements

Complete at least 2 of the following Courses:
PSY 219 Psychology of Adulthood and Aging

PSY 245 Psychological Testing and Assessment
SOC 243 The Aged in Modern Society
SWK 242 Social Work Practice with Older Adults

Complete at least 2 of the following Courses:

HEA 310 Health and Aging
HEA 336 Perspectives on Death and Dying
PSY 366 Clinical Neuropsychology
SOC 343 Sociological Theories of Aging
SPV 300 Neurolinguistics of Aging
SWK 342 Social Work Policies in an Aging Society
THR 325 Therapeutic Recreation in Long-Term Care

**3. To:
Aging (Interdisciplinary Minor)**

The Interdisciplinary Minor in Aging will engage students from all Departments across different Schools within the College in a common goal of scholarship in the area of aging; it will also prepare students interested in working professionally in the field of aging. A range of relevant courses representing the College's broad curricular offerings will be available to students to provide an understanding of aging from various perspectives. The Minor will be of interest to students who are majoring in several departments in the Natural and Social Sciences, including but not limited to Anthropology, Biology, Economics, Health Sciences, Nursing, Psychology, Social Work, and Sociology, as well as to students majoring in such Arts and Sciences disciplines as Art, History, Literature, Music, and Speech-Language-Hearing Sciences.

Degree Requirements

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Students will select in consultation with their advisor from the following menu of relevant 3-credit courses offered in various departments in the Schools of Natural and Social Sciences and Health Sciences, Human Services, and Nursing:

Minor Requirements – Overall
Type: Completion requirements
Earn at least 12 credits

Minor requirements – Required Courses
Type: Completion requirements

Complete at least 2 of the following Courses:
PSY 219 Psychology of Adulthood and Aging

PSY 245 Psychological Testing and Assessment
SOC 243 The Aged in Modern Society
SWK 242 Social Work Practice with Older Adults
DFN 210 Practical Food and Nutrition

Complete at least 2 of the following Courses:

HEA 310 Health and Aging
HEA 336 Perspectives on Death and Dying
PSY 366 Clinical Neuropsychology
SOC 343 Sociological Theories of Aging
SPV 300 Neurolinguistics of Aging
SWK 342 Social Work Policies in an Aging Society
THR 325 Therapeutic Recreation in Long-Term Care
SWK 363 Aging in the Global Context

4. Rationale:

The addition of DFN 210 will enable students to learn about eating and nutrition needs throughout the life course. Students will learn about the nutrition needs of older adults and learn about the long term impacts of poor nutrition early in life. Students will gain knowledge and skills that will prepare them for working with food insecure older adults, a growing population in NYC and beyond.

The addition of SWK 363 will support students' gaining knowledge about the experiences of older adults in the context of contemporary migration patterns, diversifying societies and evolving care needs. Students will also gain skills to meet those needs at the micro and macro level where policy and practice converge. The knowledge and skills will prepare students for careers in gerontology and health professions in rapidly diversifying urban communities, such as the Bronx.

The addition of these two courses will enhance options for students and facilitate their completing the requirements for the Interdisciplinary Minor in Aging in a timely manner.

5. Date of departmental approval: 11/1/2023 by the Social Work Department, the IMA's host department.

Each course was previously approved by its respective department. SWK 363 was approved on 1/26/2023 and DFN 210 was approved on 3/15/2023.