

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

**Department of Health Sciences
Curriculum Change**

Hegis #: 0837

1. **Type of Change:** Change in Degree Requirements for M.A. Program in Health Education and Promotion

2. **From:**

Degree Requirements

The curriculum consists of 33 graduate credits and includes either a thesis or a comprehensive examination. Course and credit requirements are as follows:

- In required HEA courses [(21)]: HEA 600 (3)¹, 602 (3), 603 (3)¹, 620 (3), 623 (3), 670 (3)¹ and one of the following: 671 (3), 672 (3), 673 (3), [674 (3)].
- In HEA electives² [(12)]

¹ Students who have previously taken this course (or its equivalent) may substitute a 3-credit HEA elective in its place.

² [Students who write a thesis need to earn only 6 credits of HEA electives (HEA 691/692).] Otherwise, students must take HEA elective courses totaling [12] credits and pass a comprehensive exam.

3. **To:**

Degree Requirements

The curriculum consists of 33 graduate credits and includes either a thesis or a comprehensive examination. Course and credit requirements are as follows:

- In required HEA courses (24): HEA 600 (3)¹, 602 (3), 603 (3)¹, 620 (3), 622 (3) 623 (3), 670 (3)¹ and one of the following: 671 (3), 672 (3), 673 (3).

- In HEA electives² (9)

¹ Students who have previously taken this course (or its equivalent) may substitute a 3-credit HEA elective in its place.

² Students who do the thesis option and register for HEA 691 and HEA 692, need to earn only 3 credits of HEA electives. Otherwise, students must take HEA elective courses totaling 9 credits and pass a comprehensive exam.

4. **Rationale (Explain how this change is expected to fulfill the learning goals and objectives of the Department and major/program).**

The number of required credits has increased from 21 to 24 due to the inclusion of HEA 622 as a required course. It was formerly an elective course. The health education profession identifies seven areas of responsibility for the health education specialist. These responsibilities serve as the basis of the CHES exam and the MCHES exam. One area of responsibility is "Area V: "Administer health education strategies, interventions, and programs." HEA 622 Organization and Administration of Health Education and Promotion Programs will provide the necessary background for this area of responsibility. It is essential that students take this course in order to satisfy the requirements for professional certification. The number of elective credits is reduced from 12 credits to 9 credits. The total number of credits for the degree remains the same. HEA 674 is no longer being offered as this content is now being covered in HEA 671, HEA 672 and HEA 673. Students can choose one of the following courses in health teaching: HEA 671, 672, and 673.

5. **Date of departmental approval: 11/09/11**

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF HEALTH SCIENCES

CURRICULUM CHANGE

1. Type of Change: Change in degree requirements.

2. From:

Degree Requirements

The curriculum for the M.S.Ed. Program in Recreation includes two options:

Option A: Recreation and Park Administration, which prepares individuals for supervisory and administrative roles in public, voluntary, and commercial recreation agencies.

Option B: Therapeutic Recreation Service, which prepares individuals to deliver therapeutic recreation services in hospitals, nursing homes, day-treatment programs, and other institutional and community settings. Students who complete this option have met the therapeutic recreation option requirements for certification as a Certified Therapeutic Recreation Specialist, administered by the National Council for Therapeutic Recreation Certification.

Students must complete at least 24 credits in recreation courses, 3 credits in HEA 600 or equivalent, and may complete their additional 6 credits in related areas, with the prior approval of the graduate adviser. A maximum of 12 credits may be transferred from other universities or colleges with the approval of the Graduate Adviser. Upon graduation, all students will have met the academic requirements for certification as a Certified Parks and Recreation Professional, administered by the National Recreation and Parks Association.

Recreation Education Curriculum

Option A: Recreation and Park Administration (18 credits):

HEA 600 (3), REC 700 (3), 701 (3), 702 (3), 703 (3), 705 (3).

3 credits in Therapeutic Recreation: Select from REC 704, 707, 708, 709, 710, 711.

6 credits of administration electives: Select from REC 680, 706, 712, 715, 790.

6 credits related electives from courses in Health Sciences or Education.

Option B: Therapeutic Recreation Service (18 credits):

HEA 600 (3), REC 700 (3), 701 (3), 702 (3), 703 (3), 704 (3).

[9] credits in Therapeutic Recreation courses: [Select]from REC 680 (3), 707 (3), 708 (3), 709 (3), 710 (3), 711 (3), [712 (3)], 790 (3). [At least 6 credits must be selected from 707-711.]

[6] credits in related electives from courses in Health Sciences or Education.

3. To:

Degree Requirements

The curriculum for the M.S.Ed. Program in Recreation includes two options:

Option A: Recreation and Park Administration, which prepares individuals for supervisory and administrative roles in public, voluntary, and commercial recreation agencies.

Option B: Therapeutic Recreation Service, which prepares individuals to deliver therapeutic recreation services in hospitals, nursing homes, day-treatment programs, and other institutional and community settings. Students who complete this option have met the therapeutic recreation option requirements for certification as a Certified Therapeutic Recreation Specialist, administered by the National Council for Therapeutic Recreation Certification.

Students must complete at least 24 credits in recreation courses, 3 credits in HEA 600 or equivalent, and may complete their additional 6 credits in related areas, with the prior approval of the graduate adviser. A maximum of 12 credits may be transferred from other universities or colleges with the approval of the Graduate Adviser. Upon graduation, all students will have met the academic requirements for certification as a Certified Parks and Recreation Professional, administered by the National Recreation and Parks Association.

Recreation Education Curriculum

Option A: Recreation and Park Administration (18 credits):

HEA 600 (3), REC 700 (3), 701 (3), 702 (3), 703 (3), 705 (3).

3 credits in Therapeutic Recreation: Select from REC 640, 704, 707, 708, 709, 710, 711.

6 credits of administration electives: Select from REC 680, 706, 712, 715, 790.

6 credits related electives from courses in Health Sciences or Education.

Option B: Therapeutic Recreation Service (18 credits):

HEA 600 (3), REC 700 (3), 701 (3), 702 (3), 703 (3), 704 (3).

12 credits in Therapeutic Recreation courses: REC 714, 724 and 6 credits selected from REC 640 (3), 680 (3), 707 (3), 708 (3), 709 (3), 710 (3), 711 (3), 790 (3).

3 credits in REC 715 or related electives from courses in Health Sciences or Education.

4. Rationale

The National Council for Therapeutic Recreation Certification has mandated course content that has necessitated these curricular changes. Two new courses, REC 714 and REC 724, have been developed to cover the added content areas and must be required of all students in Option B, Therapeutic Recreation Service. The Council has also increased the number of courses covering therapeutic recreation content from 4 to 5, as of January 2013. REC 715 is the internship course and as some students also may need an internship to meet certification requirements, it has been included under the 3 credits of related electives to highlight this. These changes are necessary to be in compliance with the mandates of the National Council in order for our graduates to be eligible for national certification. REC 640, Therapeutic Recreation and Disabilities, is a newer course and has been added to the list of Therapeutic Recreation courses in Option A.

5. Date of Department Approval: 11/09/11