DBAF Anchoring Achievement/CUNY Mental Health, Adolescent Health and Sexuality

November 7, 2014

9:00 – 9:15 a.m.  Introductions and breakfast

9:15 – 10:00 a.m.  Adolescent Mental Health and Sexuality

- **Tolu Olupona M.D.**, Assistant Clinical Professor of Psychiatry and Pediatrics, *Mount Sinai School of Medicine Adolescent Health Center*

- **Angy Rivera**, Community Mobilization Fellow, *Latina Institute For Reproductive Health*

10:15 – 11:15 a.m.  Domestic Violence

- **Margarita Guzman, Esq.**, Deputy Director, Bronx Family Justice Center, *Mayor’s Office to Combat Domestic Violence*

- **Genoveva Garcia, LSCW**, Individual, Family and Couple Psychotherapy

11:15– 11:30 a.m.  Closing Remarks

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* A special thank you to John Jay College of Criminal Justice for hosting today’s seminar!
Dr. Tolu Olupona is currently an assistant clinical professor of Psychiatry and Pediatrics at the Mount Sinai School of Medicine Adolescent Health Center where she provides direct clinical care, teach and supervise clinicians. She majored in Biochemistry at the University of California, Davis and graduated with honors. She received her medical degree from New York University School of Medicine and completed training in adult psychiatry at New York University School of Medicine. She completed training in Child and Adolescent psychiatry at the Columbia and Cornell University New York Presbyterian Hospital. She is board certified in child, adolescent and Adult Psychiatry. Her area of special interest include mood disorders and anxiety disorders.

Angy Rivera, serves as the Community Mobilization Fellow for the National Latina Institute for Reproductive Health. She was born in Armenia, Colombia to a single mother who was kicked out of the house a few weeks after her birth. In order to provide a better life for the both of them, they travelled to the United States and made a life for themselves in New York. While in high school Angy was involved in her community and was also president of the Aspira club. Around this time, she noticed the lack of resources and information when it came to education, health, work and housing for Latinas, as well as undocumented immigrants. Her senior year she joined the New York State Youth Leadership Council (NYSYLC), a non-profit that advocates for equal access to education for all youth regardless of immigration status, it was then that she heard about the Dream Act and steps being taken to make a change. After graduating, she joined them as a summer intern for the organizing sector of the organization in 2009. She has helped facilitate workshops about the Dream Act, Youth Leading Change trainings as well as access to college for undocumented youth. She then became a core member of the NYSYLC a few years later. With the skills obtained in the media and outreach committee, Angy became a blogger for the NYSYLC, Dreamactivist.org, and the Huffington Post's Latino Voices section; she also created the first advice column for undocumented youth called “Ask Angy”. Through the arts and self-expression program, which Angy co-coordinates at the NYSYLC, she uses poetry as a way to highlight and connect the many issues faced by immigrant youth as well as mobilizing them to share their stories and be involved. She is a student at John Jay College of Criminal Justice and is majoring in criminology while double minoring in writing and human services. She hopes to one day work with marginalized communities around mental health and counseling through writing.
Margarita Guzman, attended Georgetown University where she majored in English and minored in Women’s Studies. She obtained her law degree from George Washington University School of Law where she participated in the Domestic Violence Legal Clinic, representing victims/survivors of domestic violence obtaining orders of protection from the DV Court in Washington, D.C. Upon graduating from law school, Margarita was awarded an Equal Justice Works Fellowship to create a legal clinic for indigent Spanish-speaking mental health consumers in NYC. After this, Margarita went on to serve the primarily Latina/o immigrant population of Washington Heights/Inwood at the Northern Manhattan Improvement Corporation (NMIC). At NMIC, Margarita defended tenants against evictions and represented survivors of domestic violence in family court and housing proceedings as well as filing DV-based immigration petitions. She then became Program Director at Day One, where she oversaw the Community Education, Peer Leadership, Social Services and Legal Services programs offered for teen and young adult survivors of intimate partner violence. She joined the Mayor’s Office to Combat Domestic Violence in October 2013 as Deputy Director of the Bronx Family Justice Center. Margarita was born and raised in El Paso, TX, on the border with Ciudad Juarez, Chihuahua, Mexico.

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Genoveva Garcia, is a Licensed Clinical Social Worker (LCSW). She is the Clinical Intake Coordinator at Ackerman Institute for the Family. She currently participates in the Foster Care and Adoption Project at Ackerman and has as a private practice as a psychotherapist in New York. She received her BA in Psychology from ITESO in Guadalajara, Mexico. She earned a Masters Degree from Silberman School of Social Work at Hunter College and Post-graduate degree specializing in Systemic Psychotherapy. She has provided individual, family, couple and group psychotherapy at such agencies as Metropolitan Center for Mental Health, Puerto Rican family institute, Weston United, Roberto Clemente Family Center and Association Tepeyac de New York. She has worked at Lehman College providing psychological counseling serving students who are first, second and third generation of immigrants. Genoveva has helped families and individuals from diverse backgrounds to overcome a great array of challenges; going from relationship issues, issues connected with immigration, complex histories of trauma, and with clients who face mental illness. She has also worked and collaborated with various community organizations, like Enterate, Mixteca Organization, and Art for Change, promoting and fostering
connections within the families in the community and as an advocate of social change.

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