

Lehman College Department of Nursing
THERAPEUTIC INTERVENTION I (NUR 301) PSYCHOMOTOR SKILLS

Student Name _____ The following skills will be introduced and practiced in this nursing course. Critical Skills – are marked with an asterisk and student must be validated in the lab before carrying out these skills in the clinical areas.

NURSING SKILLS	VALIDATION		COMMENTS
	Lab	Clinical	
1. Vital Signs			
*1.1 Pulse, rate (apical, radial, dorsalis pedis, carotid, posterior tibia)			
*1.4 Respiratory rate/quality			
*1.6 Temperature (electronic, tympanic, oral and rectal)			
*1.7 Blood pressure (auscultative, palpable, electronic)			
2. Hygiene			
*2.1 Hygiene maintenance (bath, bedmaking)			
2.3 Eye, ear, nose care			
2.4 Perineal care			
2.5 Bed pan and urinal use			
2.6 Oral care			
3. Infection Control			
*3.1 Standard precautions			
*3.2 Sharps disposal			
*3.3 Contaminated material disposal			
*3.4 Sterile technique/sterile field			
*3.5 Isolation procedures			
*3.6 Hand washing			
4. Wound Management			
*4.1 Infection prevention/detection			
4.2 Pressure ulcer prevention			
4.3 Clean dressing			
*4.4 Sterile dressing			
*4.6 Pressure ulcer care/assessment			

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(NUR 301)	Lab	Clinical	COMMENTS
7. Positioning and Mobility			
*7.1 Safe personal body mechanics			
*7.2 Body alignment			
*7.3 Turning/positioning			
*7.4 Transferring			
7.5 Ambulating/assisted devices			
*7.6 Safe transport of patient			
7.7 Range of motion exercises			
7.8 Use of appliances to relieve pressure points			
7.9 Trendelenberg and reverse positioning			
7.10 Applying antiembolic stockings			
8. Safety			
8.1 Use of bed and wheel chair operations and functions			
8.2 Use of call system			
8.3 ID/allergy bands			
*8.5 Restraints use/policy, procedure			
9. Specimen Collection			
9.1 Urine specimen collection			
9.3 Stool for guiac			
9.5 Culture: throat, wound, stool, nose, blood, sputum			
10. Intake and Output			
10.1 Intake and output calculation and recording			
11. Medication Administration			
*11.1 SQ route			
*11.2 IM route/Z-track			

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(NUR 301)- Medication Administration (Continued)	Lab	Clinical	COMMENTS
11.4 Topical, intradermal, and transdermal			
*11.5 Enteral route			
11.6 Nasal inhalation			
11.7 Suppository (rectal, vaginal)			
*11.8 Oral route			
11.9 Ear drops			
11.10 Eye drops/ointment			
11.11 Nose drops			
*11.12 Enema			
*11.14 Basic drug calculations			
14. Tubes/Drains			
14.6 Condom catheter care			
15. Physical Assessment			
15.1 Skin, hair, nails			
15.2 Respiratory system/Thorax and lung			
15.3 Cardiovascular system Heart and neck			
15.4 Musculoskeletal system			
15.5 Gastrointestinal system/Genitourinary system			

Lab Initials/Signature: _____

Clinical Faculty:
Initials/Signature: _____