

Lehman College Department of Nursing
THERAPEUTIC INTERVENTION II (NUR 303) - CRITICAL SKILLS
(and OTHER PSYCHOMOTOR SKILLS)

Student Name _____ The following skills will be introduced and practiced in this nursing course. Critical Skills - are marked with an asterisk and student must be validated in the lab before carrying out these skills in the clinical areas.

NURSING SKILLS	VALIDATION		COMMENTS
	Lab	Clinical	
1. Vital Signs			
*1.2 Pulse oximeter use			
1.5 Differentiates normal sinus rhythm from life-threatening arrhythmias			
4. Wound Management			
4.3 Deep wound dressings			
4.5 Wound irrigation			
4.7 Assists with suture and staple removal			
5. Ostomy Care			
*Use of appliances, peri-stomal care, patient/family teaching			
6. Pain Management			
6.1 Qualitative and quantitative			
*6.2 Patient controlled analgesia-concept, use of			
6.3 Relaxation techniques, positioning, message			
8. Safety			
*8.4 CPR			
9. Specimen Collection			
9.2 Urine specific gravity			
9.7 Glucose monitoring			
9.8 Gastric fluids removal from NG tube			
11. Medication Administration			
*11.1 SQ route			
*11.2 IM route/Z-track			
*11.3 IV route (no IV push)			
*11.13 Basic drip calculations			
*11.14 Basic drug calculations			
*11.15 Blood/blood component administration			

Lehman College Department of Nursing

(NUR 303)	Lab	Clinical	COMMENTS
12. Hot/Cold Applications			
12.1 Hot and cold applications: blankets, pads			
13. IV Therapy			
*13.1 Tube priming			
*13.2 Monitor single and multi-IV lines			
*13.3 Peripheral IV: site care, maintenance and removal			
*13.4 Central line management (must meet agency requirement)			
*13.5 Tubing/bag changes			
*13.6 Use of infusion devices - understands concepts of use			
*13.7 Regulate flow rate			
*13.8 Med-lock flush			
*13.9 Assessment for infection/infiltration			
14. Tubes/Drains			
*14.1 Naso/oro gastric tube, validate position, removal			
*14.2 Enteral tube feeding/maintenance			
*14.3 Closed (water-seal) chest drainage			
*14.4 Closed (water-seal) specimen collection			
*14.5 Urinary catheter insertion, care, removal			
*14.7 Intermittent and continuous bladder irrigation			
15. Respiratory Care			
*15.1 Chest physiotherapy			
*15.2 Oxygen administration/regulation with various devices			
*15.3 Nebulizer/metered dose inhaler			
*15.4 Manual resuscitation devices use			
*15.5 Assistance with turn, cough, deep breath, splinting incisions			
*15.6 Incentive spirometry			
*15.7 Nasal, pharyngeal and oral suction			
*15.8 Endotracheal/tracheal suction			
*15.9 Postural drainage			

Lab Initials/Signature: _____

Clinical Faculty: Initials/Signature: _____