

Lehman College Department of Nursing

THERAPEUTIC INTERVENTIONS III (NUR 405) - PSYCHOMOTOR SKILLS

Student Name _____

The following skills will be introduced and practiced in this nursing course. Critical Skills - are marked with an asterisk and student must be validated in the lab before carrying out these skills in the clinical areas.

NURSING SKILLS	VALIDATION		COMMENTS
	Lab	Clinical	
1. Newborn Care/Assessment			
1.1 Fetal monitoring			
1.2 Suctioning			
1.3 Skin/cord care			
1.4 Vital signs (including weight)			
1.5 Reflexes			
1.6 Elimination assessment			
1.7 Eye care			
1.8 Formula feeding			
1.9 Infant bath			
1.10 Diapering			
2. Cares/Assesses Maternity Client			
2.1 Leopold maneuver/fundal height			
2.2 Assesses uterine contractions/FHR			
2.3 Assessment of fetal/maternal response to labor			
2.4 Assessment of progress of labor			
2.5 Identify significance of uterine/fetal tracings			
2.6 Postpartum assessment			
*Lochia			
*Fundus			
*Perineum/episiotomy			

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NUR 405 - Care/Assessment of Maternity Client (Continued)	Lab	Clinical	COMMENTS
*Breasts			
*Elimination			
*Nutritional intake			
*Sleep/rest			
*Comfort			
*Parents response to newborn			
*Health education needs			
2.7 Grooming/hygiene			
2.8 Application of hot/cold to perineum and breasts			
2.9 Self-medication administration (PCA pump)			
2.10 Breastfeeding			
2.11 Breast self-exam			
3. Intravenous therapy/monitoring			
*3.1 Mothers-IV administration/care			
*3.2 Pediatric-IV administration/care			
4. Medication Administration			
*4.1 Mothers-oral, subq, IM,IV			
*4.2 Newborns-oral, subq, IM, IV			
*4.3 Pediatrics-oral, subq, IM, IV			
5. Inhalation Therapy			
5.1 Nebulizer			
5.2 MDI			

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NUR 405 - (Continued)	Lab	Clinical	COMMENTS
6. O₂ Saturation Monitoring (pulse oximeter)			
7. Infection control/gloving/maintenance of sterility/sterile dressing			
8. Foley Catheter insertion			
9. Straight Urinary Cath insertion			
10. Naso-gastric Tube Feedings			
11. Hickman Dressing/care (in agencies where allowed)			
12. Pediatric Care/assessment			
12.1 Neuromuscular assessment			
12.2 Cast care			
12.3 Mist tent			
12.4 Play therapy			
12.5 Developmental assessment (DDST ₂)			
13. Finger Stick for Glucose Monitoring			
14. Specimen collection			
15. Environmental Assessment			
15.1 Home assessment			
15.2 Community assessment			

Lab Initials/Signature: _____

Clinical Faculty: Initials/Signature: _____