





Division of Student Affairs

Office of Community Engagement & New Student Programs



Download
the Lehman app to
get real-time
Weeks of Welcome
event information
and more!





Search for **Lehman College** in the App Store or on Google Play.

For IT support contact the IT Help Desk: Academic IT Center, Carman Hall, Room 108 718-960-1111

help.desk@lehman.cuny.edu

**Information Technology Division** 

Greetings Lehman Students,

Welcome new and returning students! The Office of Community Engagement and New Student Programs is dedicated to helping you transition to Lehman College. I encourage you to find at least one thing that connects you to the Lehman campus; this can range from an on-campus job, to volunteering in the community, to participating in a research study related to your major.

We know that your first weeks on campus are especially important in building the foundation for your success at Lehman College. That is why we have created this "Weeks of Welcome" booklet. Enclosed in this booklet is the schedule of activities and programs that will take place between Friday, August 25, 2017 and Friday, October 6, 2017. Events are updated daily, so be sure to check out the campus events calendar at www.lehman.edu.

It is our goal that by the end of Weeks of Welcome, you will have found a connection to our campus and build a network of friends and supporters that will help you succeed at Lehman.

Best wishes,

Amanda J. Dubois-Mwake

Director

Office of Community Engagement and New Student Programs

Old Gym, Room 302

Tel: 347-577-4020



### 8/25/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 8/28/2017

### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Free health insurance assistance is available at the Student Health Center on Mondays and Thursdays from 10am-4pm starting August 28th.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 8/28/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 8/28/2017

### Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 8/28/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

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#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 8/28/2017

# Food Stamp Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Free food stamp assistance is available at the Student Health Center on Mondays from 10am-4pm starting August 28th.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 8/29/2017

#### **GYN Hours**

10:30 AM to 6:00 PM Old Gym, Student Health Center, B008

The Student Health Center, Old Gym Room B008, will have GYN Hours on Tuesdays, beginning August 29, from 10:30 AM - 6 PM and on Thursdays, beginning September 7, from 9:30 AM to 2 PM. Please call to schedule an appointment, 718-960-8900

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 8/29/2017

### Men's-Only Clinic

11:30 AM to 1:30 PM Old Gym, Student Health Center, B008

Calling all Lehman Men! Schedule an appointment with Dr. Mark Polisar on Tuesdays from 11:30am-1:30pm. Please call 718-960-8900 for an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 8/29/2017

# Free HIV Testing

12:00 PM to 4:00 PM

Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 8/29/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 8/29/2017

# IT Orientation for New Students - Getting IT: Get Familiar with Lehman IT Services

12:00 PM to 1:00 PM

Carman Hall, Room 108, IT Center

Learn how to use the IT facilities at Lehman College. This workshop will cover the student email system, printing system, Blackboard, CUNY first, CUNY Portal and much more.

#### **Contact Information:**

Information Technology 718-960-8661 itr.workshops@lehman.cuny.edu

### 8/29/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

# 8/30/2017

# Happy Hour

3:30 PM to 4:30 PM

Outside of the Student Life Building

Learn more about what Lehman has to offer while enjoying a mocktail! Open to all students. Every Wednesday starting August 30 – September 13.

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 8/30/2017

# Welcome Back Event: Mapping Your Success at Lehman

3:00 PM to 5:00 PM

Music Building, East Dining Room

All freshmen and sophomores are invited to our Welcome Back Event, "Mapping Your Success at Lehman". Connect with: \* SYI Advisors \* Faculty \* Peers

To reserve your seat please call Wilma Rosario at (718) 960-7182 or go to <a href="http://goo.gl/LbJZNo">http://goo.gl/LbJZNo</a>

# **Contact Information:**

Sophomore Year Initiative Program 718-960-7182 wilma.rosario@lehman.cuny.edu

# 8/30/2017

# Student Information Help Table

9:00 AM to 5:00 PM

In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 8/30/2017

### **Club Registration**

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

### **Contact Information:**

# 8/30/2017

#### F-1 New Student Orientation

3:00 PM to 4:30 PM

Student Life Building, Room 111A

The International Student Scholar Office (ISSO) invites new F-1 students to an orientation.

### **Contact Information:**

International Student & Scholar Office 718-960-7274 ISSO.Shuster@lehman.cuny.edu

### 8/30/2017

#### Fall Semester Kick-Off!

3:30 PM to 5:00 PM Music Building Plaza

Start the semester with a bang! Cheer on Lehman Athletics, meet clubs, offices and departments that will support you at Lehman, mingle with new and returning students, and enjoy free pizza! Go Lehman!

# **Contact Information:**

Office of Community Engagement and New Students Programs 347-577-4020 Ext. 3 denny.santos@lehman.cuny.edu

### 8/31/2017

# Free HIV Testing

10:00 AM to 5:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 8/31/2017

# IT Orientation for New Students - Getting IT: Get Familiar with Lehman IT Services

2:00 PM to 3:00 PM

Carman Hall, Room 108, IT Center

Learn how to use the IT facilities at Lehman College. This workshop will cover the student email system, printing system, Blackboard, CUNY first, CUNY Portal and much more.

#### **Contact Information:**

Information Technology Division 718-960-8661 itr.workshops@lehman.cuny.edu

# 8/31/2017

# **Health Insurance Assistance**

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Free health insurance assistance is available at the Student Health Center on Mondays and Thursdays from 10am-4pm starting August 28th.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 8/31/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 8/31/2017

# **Club Registration**

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

### **Contact Information:**

# 9/1/2017

# Lehman College Athletics - Men's Soccer

5:00 PM to 6:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 1, 5:00 pm vs Sarah Lawrence College September 16, 12:00 pm vs Brooklyn College September 20, 4:00 pm vs The City College of New York September 25, 6:00 pm vs Ramapo College

# **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/1/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/1/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

### **Contact Information:**

# 9/5/2017

### Get a Wellness Assessment and a Coach!

12:00 PM to 5:00 PM

Outside Shuster, Music Building, and Cafeteria

Get a Wellness Assessment and a Coach!

### **Contact Information:**

Wellness Education & Promotion Program 718-960-2415 nikita.shetty@lc.cuny.edu

# 9/5/2017

# Student Information Help Table

 $9{:}00~\mathrm{AM}$  to  $5{:}00~\mathrm{PM}$ 

In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

# **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/5/2017

# Free HIV Testing

10:00 AM to 5:00 PM

Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/5/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

#### **Contact Information:**

#### 9/5/2017

# Men's-Only Clinic

11:30 AM to 1:30 PM

Old Gym, Student Health Center, B008

Calling all Lehman Men! Schedule an appointment with Dr. Mark Polisar on Tuesdays from 11:30am-1:30pm. Please call 718-960-8900 for an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/6/2017

# Uniqlo Recruitment

9:30 AM to 5:00 PM Music Building, Student Cafeteria

UNIQLO continues to open large-scale stores in some of the world's most important cities and locations, as part of its ongoing efforts to solidify its status as a truly global brand. Stop by to apply for FT and PT positions with the Human Resource Manager.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

# 9/6/2017

# IT Orientation for New Students - Getting IT: Get Familiar with Lehman IT Services

4:00 PM to 5:00 PM

Carman Hall, Room 108, IT Center

Learn how to use the IT facilities at Lehman College. This workshop will cover the student email system, printing system, Blackboard, CUNY first, CUNY Portal and much more.

### **Contact Information:**

Information Technology 718-960-8661 itr.workshops@lehman.cuny.edu

# 9/6/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

# 9/6/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 9/6/2017

# 2017 Urban Male Leadership Program Welcome Reception

3:00 PM to 5:00 PM

Music Building, Faculty Dining Room

The UMLP welcome reception provides the UMLP staff with the opportunity to welcome the freshman, transfer and UMLP participants to the Fall 2017 semester. The students are given UMLP calendars, the passport to success booklet, and lunch will be provided. This event is open to the Lehman Community – RSVP Required

#### **Contact Information:**

Urban Male Leadership Program 718-960-8801 diana.figueroa1@lehman.cuny.edu

# 9/6/2017

### Zumba on the Quad

3:00 PM to 5:00 PM Campus Quad

Zumba on the Quad! Free for Lehman students and faculty.

#### **Contact Information:**

Wellness Education & Promotion Program 718-960-2415 nikita.shetty@lc.cuny.edu

# 9/6/2017

### Happy Hour

3:30 PM to 4:30 PM

Outside of the Student Life Building

Learn more about what Lehman has to offer while enjoying a mocktail! Open to all students. Every Wednesday starting August 30 – September 13.

# **Contact Information:**

# 9/6/2017

# Office of Disability Services - New Student Orientation

3:30 PM to 4:30 PM

Leonard Lief Library, Room 215

Please join us to learn about our services and office protocols. Meet our staff and learn about our facilities and many opportunities.

### **Contact Information:**

Office of Disability Services 718-960-8441 disability.services@lehman.cuny.edu

### 9/6/2017

# Lehman College Athletics - Women's Tennis

4:00 PM to 5:30 PM

**APEX** 

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 6, 4:00 pm vs St. Joseph's College - Brooklyn

September 9, 12:00 pm vs Baruch College

September 12, 4:30 pm vs St. Joseph's College - LI

September 16, 12:00 pm vs Drew College

September 19, 3:30 pm vs Bard College

September 25, 3:30 pm vs Brooklyn College

October 4, 3:30 pm vs Hunter College

# **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/6/2017

# Make your Resume POP!

5:00 PM to 6:00 PM Shuster Hall, Room 231

Develop practical skills and learn how to write an effective professional resume that will help you stand out during your job search.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

# 9/6/2017

# The Ingredients of a Perfect Cover Letter

6:00 PM to 7:00 PM Shuster Hall, Room 231

This is an interactive workshop in which you will have the opportunity to outline your targeted cover letter. This workshop will furnish you with the knowledge and skills required to craft an effective cover letter which highlights your qualifications for that position. You are required to bring a job description of a position for which you are interested in.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

# 9/7/2017

#### **GYN Hours**

9:30 AM to 2:30 PM Old Gym, Student Health Center, B008

The Student Health Center, Old Gym Room B008, will have GYN Hours on Tuesdays, beginning August 29, from 10:30 AM - 6 PM and on Thursdays, beginning September 7, from 9:30 AM to 2 PM. Please call to schedule an appointment, 718-960-8900

# **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/7/2017

#### Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 9/7/2017

# Fit U Workout Session

10:00 AM to 11:00 AM Old Gym Building 007/Quad/South Field

Workout in the mornings for all ages

### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

# 9/7/2017

### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Old Gym, Student Health Center, 19006

Free health insurance assistance is available at the Student Health Center on Mondays and Thursdays from 10-4pm starting August 28th.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/7/2017

# Free HIV Testing

1:00 PM to 5:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/7/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/7/2017

#### Free Nutritionist Consultation

12:00 PM to 5:00 PM Old Gym, Student Health Center, B008

Free Nutrition Consultations by the Student Health Center's Registered Dietitian, Lizette Martinez, will resume on Thursdays from 12-5pm starting September 7th. Students please call x 8900 to schedule an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/8/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

# **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/8/2017

# LinkedIn 101

2:00 PM to 3:00 PM Shuster Hall, Room 231

Familiarize yourself with the benefits of LinkedIn as a powerful networking tool in executing your job search.

# **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

# 9/8/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

# **Contact Information:**

# 9/9/2017

# Lehman College Athletics - Women's Soccer

2:00 PM to 3:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 9, 2:00 pm vs Bryn Mawr College September 13, 7:00 pm vs College of Staten Island September 15, 5:00 pm vs Purchase College September 30, 12:00 pm vs Mt. St. Vincent October 5, 6:30 pm vs Sarah Lawrence College

# **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/11/2017

# Lehman College September 11th Commemoration

11:00 AM

Campus Walk in front of Shuster Hall

Members of the campus community are invited to the 16<sup>th</sup> annual September 11<sup>th</sup> commemoration event.

### **Contact Information:**

Office of the Vice President for Student Affairs 718-960-8242

# 9/11/2017

### Club Registration

9:00 AM to 5:00 PM Student Life Building

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# **Contact Information:**

### 9/11/2017

### Health Insurance Assistance

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#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/11/2017

# Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free HIV testing is available Monday-Wednesday from 12-4pm at the Student Health Center, Old Gym, B008.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/11/2017

# Student Information Help Table

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Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/11/2017

# The Right Major for You

3:30 PM to 5:00 PM T-3 Building, Room 126

Explore the different careers for which your major will prepare you! ;Learn about your options and how to combine your academic program with your experience to prepare for life after college.

### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

# 9/12/2017

#### **GYN Hours**

10:30 AM to 6:00 PM Old Gym, Student Health Center, B008

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Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/12/2017

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# 9/12/2017

# Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free HIV testing is available Monday-Wednesday from 12-4pm at the Student Health Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/12/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

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### **Contact Information:**

# 9/12/2017

#### Get a Wellness Assessment and a Coach!

12:00 PM to 5:00 PM

Outside Shuster, Music Building, and Cafeteria

Get a Wellness Assessment and a Coach

### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

# 9/12/2017

# Free Hands-Only CPR Trainings

12:00 PM to 1:00 PM

APEX, Aerobics Room

Learn CPR technique to save a loved one. Two dates only in Fall 2017!! Tuesday, September 12th and Thursday, October 19th. Both sessions are from 12-1pm in the Aerobics Room of the Apex. Please call 718-960-8900 to reserve a space. Sessions are limited to 20 students and staff.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/12/2017

# Men's-Only Clinic

11:30 AM to 1:30 PM

Old Gym, Student Health Center, B008

Calling all Lehman Men! Schedule an appointment with Dr. Mark Polisar on Tuesdays from 11:30am-1:30pm. Please call 718-960-8900 for an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/12/2017

# IT Orientation for New Students - Getting IT: Get Familiar with Lehman IT Services

12:00 PM to 1:00 PM

Carman Hall, Room 108, IT Center

Learn how to use the IT facilities at Lehman College. This workshop will cover the student email system, printing system, Blackboard, CUNY first, CUNY Portal and much more. Registration required. For more information call 718-960-8661 or email itr.workshops@lehman.cuny.edu

# **Contact Information:**

Information Technology 718-960-8661 itr.workshops@lehman.cuny.edu

### 9/12/2017

# Mastering the Art of Interviewing

5:00 PM to 6:00 PM Shuster Hall, Room 231

Develop an understanding of the interview process, the importance of professional attire and follow-up guidelines. You will also become familiar with typical questions that employers may ask in an interview, strategies for responding, and have an opportunity to practice.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

### 9/12/2017

# Lehman College Athletics - Women's Tennis

4:30 PM to 6:00 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 6, 4:00 pm vs St. Joseph's College - Brooklyn September 9, 12:00 pm vs Baruch College September 12, 4:30 pm vs St. Joseph's College - LI September 16, 12:00 pm vs Drew College September 19, 3:30 pm vs Bard College September 25, 3:30 pm vs Brooklyn College October 4, 3:30 pm vs Hunter College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

### 9/12/2017

# Lehman College Athletics - Women's Volleyball

6:00 PM to 7:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 12, 6:00 pm vs Farmingdale State College September 14, 6:00 pm vs The College at Old Westbury September 14, 8:00 pm vs Rutgers-Newark September 19, 7:00 pm vs Yeshiva University September 26, 6:00 pm vs Hunter College October 3, 7:00 pm vs College of Saint Elizabeth

### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# **Club Registration**

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

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Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/13/2017

# Pop-up Tutoring (Get Cracking on Those Assignments!)

1:00 PM - 4:00 PM

Outside the quad entrances to the Old Gym Building

Come and see what tutoring is like! See a tutor on the spot, learn about the services we offer, or schedule an appointment and enjoy popcorn and other treats!

### **Contact Information:**

Academic Center for Excellence and the Science Learning Center 718-960-8175 Issp.program@lehman.cuny.edu

# 9/13/2017

# Happy Hour

3:30 PM to 4:30 PM

Outside of the Student Life Building

Learn more about what Lehman has to offer while enjoying a mocktail! Open to all students. Every Wednesday starting August 30 – September 13.

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/13/2017

# Community Engagement Service Fair

11:00 AM to 3:00 PM

College Walkway - In front of Shuster Hall

Meet local non-profit organizations and learn about the many ways that you can get involved! There will be various organizations needing volunteers in areas such as health, youth, elderly care, environment, education and more!

### **Contact Information:**

Office of Community Engagement and New Student Programs 347-577-4020 Ext. 3 denny.santos@lehman.cuny.edu

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/13/2017

# Suicide Awareness Day Event

12:00 PM to 2:00 PM In Front of Bookstore

Come learn about suicide's risks factors, warning signs, statistics, and treatment of suicide. Learn how to support those who are impacted.

# **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

# 9/13/2017

### Club Fair

2:00 PM to 6:00 PM Quad

The Student Government Association invites all Lehman students to enjoy a fun day of games, music and food. The Club Fair is a great opportunity to make friends, get involved with our Lehman student clubs, and find out more about creating your own club.

### **Contact Information:**

Student Government Association gentian.muhaxheri@lc.cuny.edu

### SYI: Major & Minor Fair - An Ice Cream Social

2:30 PM to 4:30 PM

Music Building, East Dining Room

Join the Sophomore Year Initiative for a sweet celebration with an Ice Cream Social and explore the possibilities.

Find a Major

Find a Minor

Find a Career

Find your Flavor

After the Fair, meet alumni who work in your field at the Career and Leadership Social.

RSVP: 718-960-7182 or <a href="https://www.eventbrite.com/e/syi-majors-minors-ice-cream-social-2017-tickets-36718377656">https://www.eventbrite.com/e/syi-majors-minors-ice-cream-social-2017-tickets-36718377656</a>
Sponsored by the Office of Campus Life, Sophomore Year Initiative, Career Services & Alumni Relations

### **Contact Information:**

Office of Campus Life, Sophomore Year Initiative, Career Services & Alumni Relations 718-960-7182

### 9/13/2017

# Columbia University NYS Psychiatric Institute

3:30 PM to 5:30 PM

Shuster Hall, Room 231

Take advantage of this opportunity to learn about the research internship opportunities with the Child Psychiatric Epidemiology Group at Columbia University/New York State Psychiatric Institute. The Child Psychiatric Epidemiology Group (CPEG) is a multidisciplinary (including epidemiology, psychology, medical geography, psychiatry, etc.) research group, focused on understanding the development of psychiatric disorders and substance use by studying children as they mature.

### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

### 9/13/2017

#### ISSO: International Students Fiesta

2:30 PM to 5:00 PM Shuster Hall, Room 210

The International Student & Scholar Office (ISSO) will have an International Students Fiesta.

For more information call 718-960-7274 or email ISSO.Shuster@lehman.cuny.edu</span>

#### **Contact Information:**

International Student & Scholar Office 718-960-7274 ISSO.Shuster@lehman.cuny.edu

# Zumba on the Quad

3:00 PM to 5:00 PM Campus Quad

Zumba on the Quad. Free for Lehman students and faculty.

#### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

# 9/13/2017

# Career and Leadership Social

4:00 PM to 6:00 PM Music Building, Faculty Dining Room

Connect with alumni, career counselors, professionals, faculty, and student clubs/associations to become better informed about your career choice. Dessert Bar and free professional LinkedIn headshots included.

# **Contact Information:**

Office of Campus Life and Career Exploration & Development Center 718-960-8468 david.charcape@lehman.cuny.edu

### 9/13/2017

# Lehman College Athletics - Women's Soccer

7:00 PM to 8:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: http://www.lehmanathletics.com/calendar.aspx

September 9, 2:00 pm vs Bryn Mawr College September 13, 7:00 pm vs College of Staten Island September 15, 5:00 pm vs Purchase College September 30, 12:00 pm vs Mt. St. Vincent October 5, 6:30 pm vs Sarah Lawrence College

### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/14/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/14/2017

#### **GYN Hours**

9:30 AM to 2:30 PM Old Gym, Student Health Center, B008

The Student Health Center, Old Gym Room B008, will have GYN Hours on Tuesdays, beginning August 29, from 10:30 AM - 6 PM and on Thursdays, beginning September 7, from 9:30 AM to 2 PM. Please call to schedule an appointment, 718-960-8900.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/14/2017

# Free HIV Testing

1:00 PM to 5:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/14/2017

# Fit U Workout Session

10:00 AM to 11:00 AM Old Gym Building 007/Quad/South Field

Workout in the mornings for all ages

### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

# 9/14/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/14/2017

### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Free health insurance assistance is available at the Student Health Center on Mondays and Thursdays from 10-4pm starting August 28th.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/14/2017

# Lehman College Athletics - Women's Volleyball

6:00 PM to 7:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at : <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 12, 6:00 pm vs Farmingdale State College

September 14, 6:00 pm vs The College at Old Westbury

September 14, 8:00 pm vs Rutgers-Newark

September 19, 7:00 pm vs Yeshiva University

September 26, 6:00 pm vs Hunter College

October 3, 7:00 pm vs College of Saint Elizabeth

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/14/2017

# Lehman College Athletics - Women's Volleyball

8:00 PM to 9:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 12, 6:00 pm vs Farmingdale State College September 14, 6:00 pm vs The College at Old Westbury September 14, 8:00 pm vs Rutgers-Newark September 19, 7:00 pm vs Yeshiva University September 26, 6:00 pm vs Hunter College October 3, 7:00 pm vs College of Saint Elizabeth

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/15/2017

# Club Registration

9:00 AM to 5:00 PM Student Life Building

Find out how easy it can be to create your own club. Stop by the Office of Campus Life for more information. All Lehman students are welcome!

# **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/15/2017

# Free ALLIED HEALTH Career & Cert Info Session

10:30 AM to 12:30 PM CUNY on the Concourse - 2501 Grand Concourse, 3rd fl.

All are welcome to meet with Allied Health Industry Experts!

# **Contact Information:**

Continuing Education 718-960-8077 maryann.drago-dowling@lehman.cuny.edu

# 9/15/2017

# Lehman College Athletics - Women's Soccer

5:00 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 9, 2:00 pm vs Bryn Mawr College September 13, 7:00 pm vs College of Staten Island September 15, 5:00 pm vs Purchase College September 30, 12:00 pm vs Mt. St. Vincent October 5, 6:30 pm vs Sarah Lawrence College

### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/15/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

# **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/16/2017

# Lehman College Athletics - Men's Soccer

12:00 PM to 1:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at : <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 1, 5:00 pm vs Sarah Lawrence College September 16, 12:00 pm vs Brooklyn College September 20, 4:00 pm vs The City College of New York September 25, 6:00 pm vs Ramapo College

### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/16/2017

# Lehman College Athletics - Women's Tennis

12:00 PM to 1:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 6, 4:00 pm vs St. Joseph's College - Brooklyn September 9, 12:00 pm vs Baruch College September 12, 4:30 pm vs St. Joseph's College - LI September 16, 12:00 pm vs Drew College September 19, 3:30 pm vs Bard College September 25, 3:30 pm vs Brooklyn College October 4, 3:30 pm vs Hunter College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/18/2017

# Intro to Leadership Certificate Program Workshop 1 – Understanding Leadership Identity 3:30 PM – 5:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus.

Register online: <u>lehman.edu/student-leadership/registration.php</u>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

# 9/18/2017

# Advanced Leadership Certificate Program

Week 1: Introduction to the Social Change Model: Program Overview

5:30 PM to 7 PM

Student Life Building, Room 111A

The goal of these sessions is to give students who have completed the Introduction to Leadership Certificate Program the opportunity to build upon the theories and concepts learned during the previous series of workshops. Over the course of the semester, students will move to a greater understanding of the role that leadership plays in society.

Register online: lehman.edu/student-leadership/registration.php

#### **Contact Information:**

# 9/18/2017

# Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

### 9/18/2017

# Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/18/2017

### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Free health insurance assistance is available at the Student Health Center on Mondays and Thursdays from 10-4pm starting August 28th.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/18/2017

### Fall Blood Drive

12:00 PM to 6:00 PM Music Building, East Dining Room

A critical shortage of blood donations may lead to delays in urgent medical care to vulnerable patients. You can help make sure that doesn't happen. Please donate an hour and a unit to help your community! Monday and Tuesday, September 18th & 19th from 12-6pm in the East Dining Room.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/18/2017

# **Create Compassion for Yourself**

1:00 PM to 3:00 PM Campus Walk

Come and use art to create your own self-care treasure chest to be opened during times of stress or just because it's a rainy day.

### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

# 9/19/2017

#### **Flu Shot Clinics**

11:00 AM to 2:00 PM Music Building, East Dining Room

Flu Shots will be available in the East Dining Room in the Music Building on September 19 from 11 am - 2 pm and at the Student Health Center, Old Gym, Room B008, from 11 am - 2 pm on September 26 & 27 and October 16 & 17.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/19/2017

# Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/19/2017

### Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

# **Contact Information:**

### 9/19/2017

#### Annual Health Fair

11:00 AM to 2:00 PM

Music Building Plaza (Rain Location: Music Building, Student Cafeteria)

Please join us on Tuesday, September 19th for our biggest event of the year! Over 40 exhibitors will be available for free screenings for sugar, cholesterol, blood pressure and hearing! Lots of goodies and information. The fair will be held outside in front of the Music Bldg. from 11-2pm or, if rain, inside by the cafeteria.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/19/2017

# Men's-Only Clinic

11:30 AM to 1:30 PM Old Gym, Student Health Center, B008

Calling all Lehman Men! Schedule an appointment with Dr. Mark Polisar on Tuesdays from 11:30am-1:30pm. Please call 718-960-8900 for an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

### 9/19/2017

### Fall Blood Drive

12:00 PM to 6:00 PM Music Building, East Dining Room

A critical shortage of blood donations may lead to delays in urgent medical care to vulnerable patients. You can help make sure that doesn't happen. Please donate an hour and a unit to help your community! Monday and Tuesday, September 18th & 19th from 12-6pm in the East Dining Room.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

# 9/19/2017

# Get a Wellness Assessment and a Coach!

12:00 PM to 5:00 PM Outside Shuster, Music Building, and Cafeteria

Get a Wellness Assessment and a Coach!

### **Contact Information:**

Wellness Education & Promotion Program 718-960-2415 nikita.shetty@lc.cuny.edu

### 9/19/2017

# Lehman College Athletics - Women's Tennis

3:30 PM to 5:00 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 6, 4:00 pm vs St. Joseph's College - Brooklyn

September 9, 12:00 pm vs Baruch College

September 12, 4:30 pm vs St. Joseph's College - LI

September 16, 12:00 pm vs Drew College

September 19, 3:30 pm vs Bard College

September 25, 3:30 pm vs Brooklyn College

October 4, 3:30 pm vs Hunter College

### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/19/2017

#### **Elevator Pitch**

5:00 PM to 6:00 PM Shuster Hall, Room 231

An elevator pitch (or elevator speech) is a short summary used to quickly and simply define you and your promise of value to an organization/profession. Come prepared to write your own elevator pitch and role-play with peers and professionals.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

### 9/19/2017

# Lehman College Athletics - Women's Volleyball

7:00 PM to 8:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 12, 6:00 pm vs Farmingdale State College

September 14, 6:00 pm vs The College at Old Westbury

September 14, 8:00 pm vs Rutgers-Newark

September 19, 7:00 pm vs Yeshiva University

September 26, 6:00 pm vs Hunter College

October 3, 7:00 pm vs College of Saint Elizabeth

### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/20/2017

# Lehman College Athletics - Men's Soccer

4:00 PM to 5:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 1, 5:00 pm vs Sarah Lawrence College September 16, 12:00 pm vs Brooklyn College September 20, 4:00 pm vs The City College of New York September 25, 6:00 pm vs Ramapo College

# **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

# 9/20/2017

# Pop-up Tutoring (Get Cracking on Those Assignments!)

1:00 PM - 4:00 PM

Outside the quad entrances to the Old Gym Building

Come and see what tutoring is like! See a tutor on the spot, learn about the services we offer, or schedule an appointment and enjoy popcorn and other treats!

### **Contact Information:**

Academic Center for Excellence and the Science Learning Center 718-960-8175 Issp.program@lehman.cuny.edu

# 9/21/2017

### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Free health insurance assistance is available at the Student Health Center on Mondays and Thursdays from 10-4pm starting August 28th.

# **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/21/2017

#### Free HIV Testing

1:00 PM to 5:00 PM

Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/25/2017

#### Zumba on the Quad

3:00 PM to 5:00 PM Campus Quad

Zumba on the Quad! Free for Lehman students and faculty.

#### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

#### 9/25/2017

#### Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/25/2017

#### Free HIV Testing

12:00 PM to 4:00 PM

Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/25/2017

#### With SYI: Attitude of Gratitude

3:30 PM to 4:30 PM Old Gym, Room 114

Conquering the Sophomore Slump by Breaking Barriers and Strengthening YOU! Learn how to use your strengths and succeed in your college experience through gratitude.

#### **Contact Information:**

Counseling Center & Sophomore Year Initiative 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 9/25/2017

#### Make your Resume POP!

3:30 PM to 5:00 PM Shuster Hall, Room 231

Develop practical skills and learn how to write an effective professional resume that will help you stand out during your job search.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 9/25/2017

### Intro to Leadership Certificate Program Workshop 2 – Relational Leadership Model: Model the Way

3:30 PM - 5:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus.

Register online: lehman.edu/student-leadership/registration.php

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/25/2017

#### Navigating Love and Sex Today Workshop

3:30 PM to 4:45 PM

Outside Shuster, Music Building, and Cafeteria

Fun workshop for students to learn how to navigate relationships in the age of Tinder, hookups and abstinence.

#### **Contact Information:**

Wellness Education & Promotion Program 718-960-2415 nikita.shetty@lc.cuny.edu

#### 9/25/2017

#### Lehman College Athletics - Women's Tennis

3:30 PM to 5:00 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 6, 4:00 pm vs St. Joseph's College - Brooklyn September 9, 12:00 pm vs Baruch College September 12, 4:30 pm vs St. Joseph's College - LI September 16, 12:00 pm vs Drew College September 19, 3:30 pm vs Bard College September 25, 3:30 pm vs Brooklyn College October 4, 3:30 pm vs Hunter College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

#### 9/25/2017

#### Lehman College Athletics - Men's Soccer

6:00 PM to 7:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at : <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 1, 5:00 pm vs Sarah Lawrence College September 16, 12:00 pm vs Brooklyn College September 20, 4:00 pm vs The City College of New York September 25, 6:00 pm vs Ramapo College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

#### 9/25/2017

#### Advanced Leadership Certificate Program

### Week 2: Overview of the Social Change Model of Leadership Development: Applying the Social Change Model

5:30 PM – 7:00 PM Student Life Building, Room 111A

The goal of these sessions is to give students who have completed the Introduction to Leadership Certificate Program the opportunity to build upon the theories and concepts learned during the previous series of workshops. Over the course of the semester, students will move to a greater understanding of the role that leadership plays in society.

Register online: lehman.edu/student-leadership/registration.php

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/26/2017

#### **GYN Hours**

10:30 AM to 6:00 PM Old Gym, Student Health Center, B008

The Student Health Center, Old Gym Room B008, will have GYN Hours on Tuesdays, beginning August 29, from 10:30 AM - 6 PM and on Thursdays, beginning September 7, from 9:30 AM to 2 PM. Please call to schedule an appointment, 718-960-8900.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/26/2017

#### Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/26/2017

#### Flu Shot Clinics

11:00 AM to 2:00 PM Old Gym, Student Health Center, B008

Flu Shots will be available in the East Dining Room in the Music Building on September 19 from 11 am - 2 pm and at the Student Health Center, Old Gym, Room B008, from 11 am - 2 pm on September 26 & 27 and October 16 & 17.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/26/2017

#### Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/26/2017

#### Men's-Only Clinic

11:30 AM to 1:30 PM Old Gym, Student Health Center, B008

Calling all Lehman Men! Schedule an appointment with Dr. Mark Polisar on Tuesdays from 11:30am-1:30pm. Please call 718-960-8900 for an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/26/2017

#### Get a Wellness Assessment and a Coach!

12:00 PM to 5:00 PM Outside Shuster, Music Building, and Cafeteria

Get a Wellness Assessment and a Coach!

#### **Contact Information:**

Wellness Education & Promotion Program 718-960-2415 nikita.shetty@lc.cuny.edu

#### 9/26/2017

#### Internship 101

5:00 PM to 6:30 PM Shuster Hall, Room 231

High grades are not enough! Employers look for candidates who have had experience and who can demonstrate leadership, teamwork, communication and interpersonal skills. An internship is one of the best ways to build on your resume to attract an employment recruiter. Learn about the benefits of internships and where/how to find one.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 9/26/2017

#### Lehman College Athletics - Women's Volleyball

6:00 PM to 7:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 12, 6:00 pm vs Farmingdale State College September 14, 6:00 pm vs The College at Old Westbury September 14, 8:00 pm vs Rutgers-Newark September 19, 7:00 pm vs Yeshiva University September 26, 6:00 pm vs Hunter College October 3, 7:00 pm vs College of Saint Elizabeth

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu



# Convocation 4 Inauguration

OF OUR THIRD PRESIDENT

Dr. José Luis Cruz

Wednesday, September 27, 2017 3:30 pm – 4:30 pm Lovinger Theatre

#### 9/27/2017

# Advanced Leadership Certificate Program Workshop 1 – Understanding Leadership Identity

3:30 PM to 5:00 PM

Student Life Building, Room 111

The goal of these sessions is to give students who have completed the Introduction to Leadership Certificate Program the opportunity to build upon the theories and concepts learned during the previous series of workshops. Over the course of the semester, students will move to a greater understanding of the role that leadership plays in society. Register online: <a href="leadership/registration.php">lehman.edu/student-leadership/registration.php</a>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/27/2017

#### Flu Shot Clinics

11:00 AM to 2:00 PM Old Gym, Student Health Center, B008

Flu Shots will be available in the East Dining Room in the Music Building on September 19 from 11 am - 2 pm and at the Student Health Center, Old Gym, Room B008, from 11 am - 2 pm on September 26 & 27 and October 16 & 17.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/27/2017

#### Student Information Help Table

9:00 AM to 5:00 PM In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman. All Lehman students are welcome!

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/27/2017

#### Capital One Technical Interview

3:30 PM to 5:00 PM Location: TBA

Getting ready for an interview for an internship or job? Are you prepared for the technical portion of your interview? Come learn common technical questions and strategies for answering from one of Capital One's professionals.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### Intro to Leadership Certificate Program Workshop 1 – Understanding Leadership Identity

5:30 PM - 7:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus.

Register online: <a href="lehman.edu/student-leadership/registration.php">lehman.edu/student-leadership/registration.php</a>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/28/2017

#### Free Nutritionist Consultation

12:00 PM to 5:00 PM Old Gym, Student Health Center, B008

Free Nutrition Consultations by the Student Health Center's Registered Dietitian, Lizette Martinez, will resume on Thursdays from 12-5pm starting September 7th. Students please call x 8900 to schedule an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/28/2017

#### Advanced Leadership Certificate Program Week 1: Introduction to the Social Change Model: Program Overview 5:30 PM - 7:00 PM

Student Life Building, Room 111A

The goal of these sessions is to give students who have completed the Introduction to Leadership Certificate Program the opportunity to build upon the theories and concepts learned during the previous series of workshops. Over the course of the semester, students will move to a greater understanding of the role that leadership plays in society.

Register online: <a href="lehman.edu/student-leadership/registration.php">lehman.edu/student-leadership/registration.php</a>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

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9:00 AM to 5:00 PM In front of Shuster Hall

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#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/28/2017

#### Intro to Leadership Certificate Program Workshop 1 – Understanding Leadership Identity

3:30 PM - 5:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus.

Register online: lehman.edu/student-leadership/registration.php

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/28/2017

#### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Get health insurance on Mondays and Thursdays from 10-4pm at the Student Heath Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/28/2017

#### Fit U Workout Session

10:00 AM to 11:00 AM Old Gym Building 007/Quad/South Field

Workout in the mornings for all ages

#### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

#### 9/28/2017

#### Free HIV Testing

1:00 PM to 5:00 PM

Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 9/28/2017

#### CareerFest 2017

12:00 PM to 3:00 PM Shuster Plaza/Walkway

Career Exploration & Development Center comes to you! Find out about upcoming career events, programs, and workshops for Fall 2017. Meet with CEDC staff in front of Shuster Hall to ask questions and get the information you need to plan your career effectively!

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 9/28/2017

#### Zen Space Opening!

3:00 PM to 4:00 PM Old Gym, Room114

Come celebrate with us as we open the new Zen Space, a place for meditation, relaxation, and quiet reflection.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 9/28/2017

#### Leadership in Medicine

3:00 PM to 5:30 PM Student Life Building

Meet professionals in the medical field and learn more about you career options.

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 9/30/2017

#### Saturday Staff Meet & Greet

10:00 AM to 2:00 PM Old Gym, Room114

Come meet and get to know our Saturday counselors!

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 9/30/2017

#### Lehman College Athletics - Women's Soccer

12:00 PM to 1:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: http://www.lehmanathletics.com/calendar.aspx

September 9, 2:00 pm vs Bryn Mawr College September 13, 7:00 pm vs College of Staten Island September 15, 5:00 pm vs Purchase College September 30, 12:00 pm vs Mt. St. Vincent October 5, 6:30 pm vs Sarah Lawrence College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

#### 10/2/2017

#### Food Stamp Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Food Stamp assistance is available on Mondays 10-4pm, in the Student Health Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/2/2017

#### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Get health insurance on Mondays and Thursdays from 10-4pm at the Student Heath Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/2/2017

#### Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free HIV testing is available Monday-Wednesday from 12-4pm at the Student Health Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/2/2017

# Intro to Leadership Certificate Program Workshop 3 – Inspire a Shared Vision & Challenge the Process

3:30 PM - 5:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus. Register online: <a href="leadership/registration.php">leadership/registration.php</a>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 10/2/2017

#### **Current Events Discussion Group**

3:30 PM to 4:30 PM Old Gym, Room 114

A safe, supportive space to discuss feelings and share resources around current. Every Monday.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/2/2017

#### Internship 101

3:30 PM to 4:30 PM Shuster Hall, Room 231

High grades are not enough! Employers look for candidates who have had experience and who can demonstrate leadership, teamwork, communication and interpersonal skills. An internship is one of the best ways to build on your resume to attract an employment recruiter. Learn about the benefits of internships and where/how to find one.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 10/2/2017

## Advanced Leadership Certificate Program Week 3: Citizenship: Societal/Community Values

5:30 PM - 7:00 PM

Student Life Building, Room 111A

The goal of these sessions is to give students who have completed the Introduction to Leadership Certificate Program the opportunity to build upon the theories and concepts learned during the previous series of workshops. Over the course of the semester, students will move to a greater understanding of the role that leadership plays in society.

Register online: <a href="lehman.edu/student-leadership/registration.php">lehman.edu/student-leadership/registration.php</a>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 10/3/2017

#### **GYN Hours**

10:30 AM to 6:00 PM Old Gym, Student Health Center, B008

Student Health Center, Old Gym Room B008, will have GYN Hours on Tuesdays, beginning August 29, from 10:30 AM - 6 PM and on Thursdays, beginning September 7, from 9:30 AM to 2 PM. Please call to schedule an appointment, 718-960-8900.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/3/2017

#### Free HIV Testing

12:00 PM to 4:00 PM Old Gym, Student Health Center, B008

Free HIV testing is available Monday-Wednesday from 12-4pm at the Student Health Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/3/2017

#### Get a Wellness Assessment and a Coach!

12:00 PM to 5:00 PM Outside Shuster, Music Building, and Cafeteria

Get a Wellness Assessment and a Coach!

#### **Contact Information:**

Wellness Education & Promotion Program 718-960-2415 nikita.shetty@lc.cuny.edu

#### 10/3/2017

#### Men's-Only Clinic

11:30 AM to 1:30 PM

Old Gym, Student Health Center, B008

Calling all Lehman Men! Schedule an appointment with Dr. Mark Polisar on Tuesdays from 11:30am-1:30pm. Please call 718-960-8900 for an appointment.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/3/2017

#### **Quiet Minds for Busy Lives**

12:00 PM to 1:00 PM Old Gym, Room 114

A mediation group that aims to increase the awareness and acceptance of the present moment. Come experience how meditation can help you decrease stress and increase concentration. Every Tuesday.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/3/2017

#### **Salary Negotiation**

5:00 PM to 6:00 PM Shuster Hall, Room 231

Develop key strategies you should apply when attempting to negotiate your best job offer.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 10/3/2017

#### **Chronic Illness Support Group**

4:00 PM to 5:30 PM Old Gym, Room 114

A safe space for individuals who have a chronic illness/medical condition to share their experience, exchange resources, and support each other. Every Tuesday.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/3/2017

#### Lehman College Athletics - Women's Volleyball

7:00 PM to 8:30 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 12, 6:00 pm vs Farmingdale State College September 14, 6:00 pm vs The College at Old Westbury September 14, 8:00 pm vs Rutgers-Newark September 19, 7:00 pm vs Yeshiva University September 26, 6:00 pm vs Hunter College October 3, 7:00 pm vs College of Saint Elizabeth

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

#### 10/4/2017

#### Sanford Reading

11:00 AM to 12:00 PM Leonard Lief Library, Treehouse Conference Room 317

The twelve essays in Gender Violence in Peace and War present a continuum of cases where the state enables violence against women from state-sponsored torture to lax prosecution of sexual assault. Reports from war zones often note the obscene victimization of women, who are frequently raped, tortured, beaten, and pressed into sexual servitude. Yet this reign of terror against women not only occurs during exceptional moments of social collapse, but also during peacetime. As this powerful book argues, violence against women should be understood as a systemic problem one for which the state must be held accountable.

#### **Contact Information:**

Leonard Lief Library 718-960-7756 alison.lehnerquam@lehman.cuny.edu

#### 10/4/2017

# Intro to Leadership Certificate Program Workshop 2 – Relational Leadership Model: Model the Way

5:30 PM – 7:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus.

Register online: <u>lehman.edu/student-leadership/registration.php</u>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 10/4/2017

#### **Test Anxiety**

3:30 PM to 4:30 PM Old Gym, Room 114

Stressed about exams? Come discover the causes of stress, coping skills, and tools to combat stress.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/4/2017

#### Lehman College Athletics - Women's Tennis

3:30 PM to 5:00 PM APEX

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at : <a href="http://www.lehmanathletics.com/calendar.aspx">http://www.lehmanathletics.com/calendar.aspx</a>

September 6, 4:00 pm vs St. Joseph's College - Brooklyn

September 9, 12:00 pm vs Baruch College

September 12, 4:30 pm vs St. Joseph's College - LI

September 16, 12:00 pm vs Drew College

September 19, 3:30 pm vs Bard College

September 25, 3:30 pm vs Brooklyn College

October 4, 3:30 pm vs Hunter College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

#### 10/4/2017

#### **Maximizing Your Internship**

3:30 PM to 4:30 PM Shuster Hall, Room 231

How can you make the most out of your internship? Take steps to achieve success at your internship by building relevant work experience, utilizing effective networking strategies, and meeting your goals. Be ready to create an action plan to be an outstanding intern in order to maximize this experience for all possible opportunities!

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 10/4/2017

#### Advanced Leadership Certificate Program

## Week 2: Overview of the Social Change Model of Leadership Development: Applying the Social Change Model

3:30 PM – 5:00 PM Student Life Building, Room 111A

The goal of these sessions is to give students who have completed the Introduction to Leadership Certificate Program the opportunity to build upon the theories and concepts learned during the previous series of workshops. Over the course of the semester, students will move to a greater understanding of the role that leadership plays in society.

Register online: lehman.edu/student-leadership/registration.php

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 10/5/2017

#### **GYN Hours**

9:30 AM to 2:30 PM Old Gym, Student Health Center, B008

The Student Health Center, Old Gym Room B008, will have GYN Hours on Tuesdays, beginning August 29, from 10:30 AM - 6 PM and on Thursdays, beginning September 7, from 9:30 AM to 2 PM. Please call to schedule an appointment, 718-960-8900.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/5/2017

#### Health Insurance Assistance

10:00 AM to 4:00 PM Old Gym, Student Health Center, B008

Get health insurance on Mondays and Thursdays from 10-4pm at the Student Heath Center, Old Gym, B008.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/5/2017

#### Art Therapy

11:00 AM to 2:00 PM Old Gym, Room 114

Express yourself through different art modalities. No artistic experience necessary. Supplies provided. Every Thursday.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/5/2017

#### Fit U Workout Session

10:00 AM to 11:00 AM Old Gym Building 007/Quad/South Field

Workout in the mornings for all ages

#### **Contact Information:**

Wellness Education & Promotion 718-960-2415 nikita.shetty@lc.cuny.edu

#### 10/5/2017

#### Feeling Good: Breaking through the Blues

12:00 PM to 1:00 PM Old Gym, Room 114

A safe, supportive group to share experiences and coping skills around sad feelings. You are not alone!

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/5/2017

#### Free HIV Testing

1:00 PM to 5:00 PM Old Gym, Student Health Center, B008

Free 20-minute HIV testing will be available on Mondays and Tuesdays from 12pm-4pm and Thursdays 1pm-5pm at the Student Health Center, Old Gym, Room B008 starting August 28, 2017.

#### **Contact Information:**

Student Health Center 718-960-8900 med.requirements@lehman.cuny.edu

#### 10/5/2017

#### Make your Resume POP!

2:00 PM to 3:00 PM Shuster Hall, Room 231

Develop practical skills and learn how to write an effective professional resume that will help you stand out during your job search.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 10/5/2017

#### **Elevator Pitch**

3:00 PM to 4:00 PM Shuster Hall, Room 231

An elevator pitch (or elevator speech) is a short summary used to quickly and simply define you and your promise of value to an organization/profession. Come prepared to write your own elevator pitch and role-play with peers and professionals.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 10/5/2017

## Intro to Leadership Certificate Program Workshop 2 – Relational Leadership Model: Model the Way

3:30 PM - 5:30 PM

Student Life Building, Room 111

This program is structured to help students become change agents by identifying their strengths and leadership identity with their academic major and career goals. Students are introduced to three main leadership models and connected to resources and key staff members on campus. Register online: <a href="leadership/registration.php">leadership/registration.php</a>

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 10/5/2017

#### **Dress for Success**

4:00 PM to 5:00 PM Shuster Hall, Room 231

This workshop offers sound advice and simple steps you can take to immediately transform your professional image on any budget. Understand the difference between appropriate and inappropriate attire, and how having a professional appearance can boost your chance for workplace success.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

#### 10/5/2017

#### Lehman College Athletics - Women's Soccer

4:30 PM to 6:00 PM

**APEX** 

Please check the Lehman College Athletics Calendar for all scheduled upcoming sports events at: http://www.lehmanathletics.com/calendar.aspx

September 9, 2:00 pm vs Bryn Mawr College September 13, 7:00 pm vs College of Staten Island September 15, 5:00 pm vs Purchase College September 30, 12:00 pm vs Mt. St. Vincent October 5, 6:30 pm vs Sarah Lawrence College

#### **Contact Information:**

Lehman College Athletics 718-960-1130 lenn.margolis@lehman.cuny.edu

#### 10/5/2017

#### Advanced Leadership Certificate Program

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5:30 PM - 7:00 PM

Student Life Building, Room 111A

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Register online: lehman.edu/student-leadership/registration.php

#### **Contact Information:**

Office of Campus Life 718-960-8468 david.charcape@lehman.cuny.edu

#### 10/6/2017

#### Don't Give Up: National Depression Screening Day

11:00 AM to 2:00 PM In Front of Bookstore

Come learn about the symptoms and treatment of depression, and take a free online depression screening.

#### **Contact Information:**

Counseling Center 718-960-8761 keeauna.jacobs@lehman.cuny.edu

#### 10/6/2017

#### The Ingredients of a Perfect Cover Letter

2:00 PM to 3:00 PM Shuster Hall, Room 231

This is an interactive workshop in which you will have the opportunity to outline your targeted cover letter. This workshop will furnish you with the knowledge and skills required to craft an effective cover letter which highlights your qualifications for that position. You are required to bring a job description of a position for which you are interested in applying.

#### **Contact Information:**

Career Exploration & Development Center 718-960-8366 career.services@lehman.cuny.edu

# A special thank you from the Office of Community Engagement, to the Departments and Clubs that have contributed to Weeks of Welcome and all of our volunteers!

Campus Information Services
Career Exploration and Development Center

Counseling Center

Division of Enrollment Management

Herbert H. Lehman Center for Student Leadership Development

Information Technology Division

Lehman College Athletics

Leonard Lief Library

Office of Campus Life

Office of Student Disability Services

Office of the Vice President for Student Affairs

Office of Veterans and Military Affairs

Student Government Association

Student Health Center

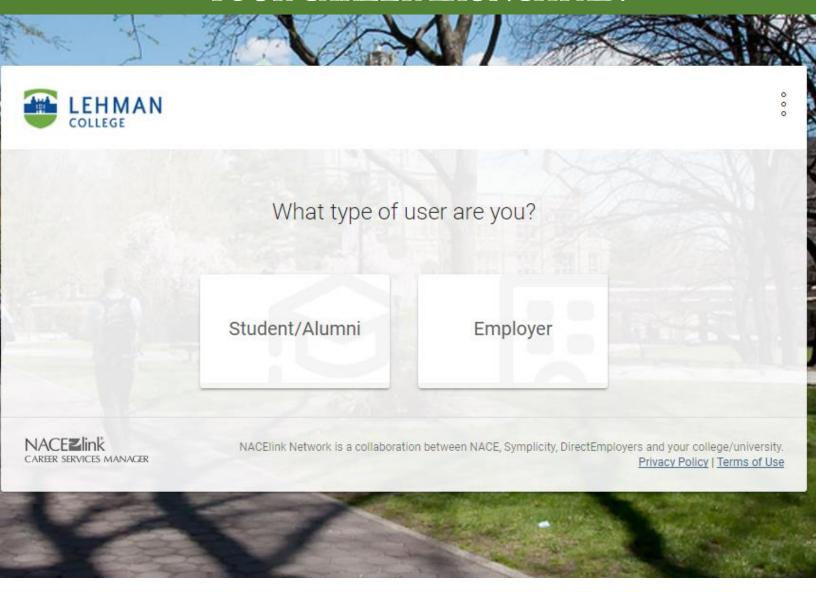
Title V Sophomore Year Initiative (SYI)

Urban Male Leadership Program

Wellness Education and Promotion Program

# symplicity\*

#### YOUR CAREER LAUNCHPAD!



Register to receive the most current information regarding job fairs, internships, workshops, and employment opportunities.

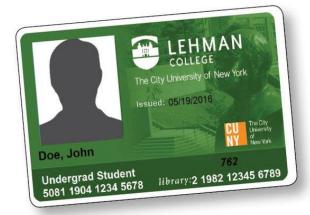
To get started visit:

http://www.lehman.edu/career-services/





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With Your Lehman I.D. Card

For user instructions go to: www.lehman.cuny.edu/diningdollars

Lehman College Bookstore Goulden Ave, Gate #2 ♦ (718) 220-3059 www.lehman-shop.com

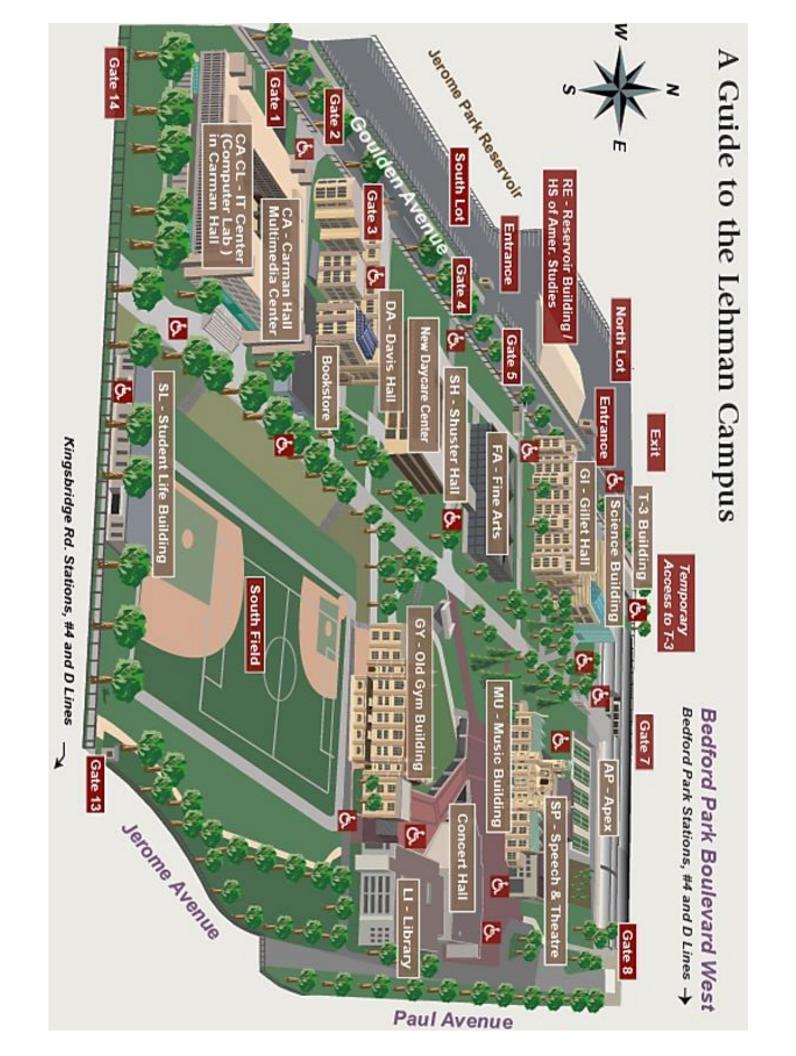
# FIRST DAY ESSENTIALS



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# Office of Community Engagement & New Student Programs Old Gym, Room 302 347-577-4020

www.lehman.edu/communityengagement



