The Student Health Center...

A Review in Pictures
Here’s where we’re located
Student Health Center Hours

- Monday through Friday: 9-5pm
- Tuesdays: 9-6:30pm

GYN Hours (by appointment)
- Tuesdays: 9:30-2:30pm
- Thursdays: 2-5pm

(hours are subject to change)
Our Health Center Staff
That's me in my Halloween costume!
Cindy Kreisberg’s Bio

- Health Center Director since 1997
- Nationally-certified Physician’s Assistant since 1981
- Experienced in internal medicine, pediatrics & college health
This is Rosemary Weingarten, F N P, our Women’s Health Provider
Rosemary’s Bio

- Providing women’s health services at the Health Center since May 2005
- Maternity Nurse since 1984
- Family Nurse Practitioner since 2004
- Clinical Nursing Professor at Pace University.
Our Medical Director,  
Dr. Mark Polisar
Dr. Polisar’s Bio

Medical Director at Lehman since 2001

Board-certified Physician in Family Practice from Albert Einstein.

Attending physician with a faculty appointment with Montefiore Medical Center
Mary Opfer, our Registered Dietitian, provides free Nutrition consultations.
Take advantage of our Preventive Health Programs & Services
Here I’m giving a workshop on the importance of flu shots to nursing students.
There’s Rosemary conducting a class about Birth Control Options
There’s the guy from the commercial talking to students about quitting smoking
Montefiore Medical Center came and gave a talk about safer sex.
Mobile Health Vans come to campus to offer free screenings
Join us at our

Annual Fall Health Fair
Lehman students love to help others by donating blood!
In fact, Lehman College won the 2007 Bronx Borough President’s Award for the most blood donations by a college in the Bronx!
In 2011, we won the Bronx Borough President’s Award for having the second most blood donations from a college in the Bronx (Fordham beat us by 50 units!)
In 2012, we came in second again (to SUNY Maritime!) with 405 donations.
And in 2014....... We won the Borough President’s award for the second time!

[Image of the certificate]

**Present the 2014 Bronx Achievement Award**

**To Herbert Lehman College**

In recognition of your dedicated participation in the New York Blood Center’s 2014 Bronx Blood Donor Campaign. Without volunteer donors, our community would not have an adequate community blood supply. Your generosity has helped to ensure the safety and well being of countless New Yorkers. I, Ruben Diaz Jr., President of the Borough of the Bronx, and the New York Blood Center thank and salute you.

April 15, 2015
For 2016, we only came in third!
Get Health Insurance Assistance with Affordable Care Act

Mondays & Wednesdays from 10-4pm
Free 20-minute OraQuick HIV Testing
Monday & Tuesdays 12-4pm.
Free urine STD testing
Ladies: Tuesdays 9:30-2:30pm & Thursdays 2-5pm
Men: Tuesdays 11:30-1:30pm
Men’s-Only Monthly Health Clinic
Tuesdays
from 11:30-1:30pm
We have lots of clinical services, too!
Free Vaccinations
MMR, Hepatitis B, Tetanus (Tdap)
Free Flu Shots (with your insurance) for Students and Staff
Our GYN Examinations are free
PAP smear and STD tests are covered by your insurance or are free
Low cost Birth Control, too!
Nursing and Sports physicals are free
Employment and Internship Exams are only $25
We’ve got low cost over-the-counter meds, too!

- Tylenol, Motrin, Imodium
- Claritin, Chlortrimeton
- Sanitary supplies
- Robitussin and Cough lozenges
- Creams like Hydrocortisone, Bacitracin and Oxy 10

CONDOMS 10 FOR $1.00!
No Immunizations,
No Registration.
Immunization Facts for Registration

You can’t register without first submitting your shot records to the Health Center.

You can show proof with your vaccination card, high school or prior college’s record or a doctor’s report.

You **must** complete the meningitis response form if you don’t want the shot.

MMR vaccinations are offered free at the Health Center.
Introducing the new Student Health Portal!
Registration is Easy!

Welcome to Lehman College's Student Patient Portal

If you have not already registered, please click on the "Register" button in the upper right hand corner. To begin, you will need to create a User Name, enter your email address, First Name and Last Name to create your account.

If you already registered, please enter your User Name and Password above and then click Login.

Once logged in, you'll have access to online services such as:

- Submitting your immunization records so you can register
- Obtaining a copy of your immunization records
- Complete your pre-visit forms
- Scheduling an appointment to be seen by a clinician (to be announced)
- Secure email communication with the Student Health Center (to be announced)
Complete then you get an email!
Click the email link, set your password then click Immunizations!

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If you wish to submit or obtain a copy of your immunization records, please start by clicking on the "Immunization" link above, then "View History".

If you need a Medical Requirements form, please click on "Forms" and print a copy. If you have an appointment at the health center, you may save time by completing the health history electronic form found under "Upcoming Appointments".

To Do List
Data enter and scan your records. Once verified, you will be able to print copies of your records!
Check CUNY First
Look at your "To Do" Box for "Holds"
In the near future, you will be able to make appointments, complete pre-visit forms and email your clinician!

If you wish to submit or obtain a copy of your immunization records, please start by clicking on the "Immunization" link above, then "View History".

If you need a Medical Requirements form, please click on "Forms" and print a copy.
If you have an appointment at the health center, you may save time by completing the health history electronic form found under "Upcoming Appointments".

To Do List

- **Upcoming Appointments**: You do not have any upcoming appointments.
- **Forms**: You MAY have forms that need to be completed.
- **Messages**: You have 0 unread message(s).

**Uploads**: You MAY have documents that need to be uploaded. Please click the Upload link to send us the documents.
The Student Health Center now has:

ELECTRONIC HEALTH RECORDS
Efficiency while Maintaining Patient Safety
And, no one registers without getting past me!
’Cause I have a second degree Black Belt in Tae Kwon Do!
So if you’re feeling like this….

Come to the Student Health Center!
And we'll make you look like yourself again!

Cute kid!
Read Your Lehman Email!!
And you’ll know what’s happening at the Health Center
For more information, check out our web site at:

www.lehman.edu/studenthealth

Or call us @

(718) 960-8900