

# Student Leadership Training: Track #1 Program

## What is the Track #1 Program?

The **Track #1 Program** was designed to help you examine your potential as a leader at Lehman College and beyond.

Over the course of the semester and through group discussions, readings, written assignments, and community service, you will develop the skills essential to being an effective leader.

## What are the benefits of the Track #1 Program?

Open to all Lehman College students.

No cost to the program, and all materials will be provided.

Excellent opportunity to work with experienced Lehman College faculty, staff, student leaders and alumni.

Students who complete the Program will receive a certificate of completion and eligible for the Student Leadership Training: Track #2 Program.

## When do the sessions take place?

Monday from 3:30 – 5:00pm and Friday 11:00am – 12:30 pm  
(Student Life Building, Rm. #113 First Class)

### September 12 or 16, 2011:

Understanding Leadership: What Is It? Why Is It Important? How Do You Get Started?

### September 19 or 23, 2011:

Choosing the Right Way: Ethics and Integrity in Leadership

### October 3, 2011:

Keeping It Together: Increasing, Empowering and Motivating Membership

### October 17 or 21, 2011:

Leadership and Diversity: Understanding and Appreciating the Differences That Unite Us

### Oct. 31 or Nov. 4, 2011:

Keeping It Together: Increasing, Empowering and Motivating Membership

### November 14 or 18, 2011:

Running On Empty: Maintaining the Mind, Body and Soul of a Leader

### Nov. 28 or Dec. 2, 2011

So What's Next? Knowing Where You Are and Where You Want To Go



**For More Information: Suzette Ramsundar, Coordinator : [suzette.ramsundar@lehman.cuny.edu](mailto:suzette.ramsundar@lehman.cuny.edu) / 718-960-8873**