Lehman Captures Women's Indoor Track & Field Championships

New York, NY- In one of the highly anticipated CUNY Indoor Track Championships in some time, the Lehman College women captured the prestigious championship at the 168th street Armory. The victory for the Lightning was the first championship since the 2003 season. Lehman edged CCNY by a score of 127-117.

Lehman was led by the dominance of junior Amy Ruston. Ruston, the two-time CUNY conference Most Valuable Runner in cross-country led the Lightning to three first place finishes in the event. Her time of 2:14.13 in the 800 meter run was a course record, while her performance in the 1500 meter, and 3000 meter were also CUNY records.

Martinia Heath was also a multiple medal winner placing first in the High Jump and 55 meter hurdles and second in the Long Jump. The duo accounted for 68 of the Lightning’s total score. Also making significant contributions were Ana Ortiz and Olga Torres in the 1500, 800, 3000 and Distance Medley Relay, Lianee Torres in the DMR, 1500, and 800 and Alyyah Vizcarrando in the Long Jump, 55 High Hurdles and High Jump.

“This was a fantastic win for the program,” said Lehman head coach Lesleigh Hogg. “We came into the event as an underdog, and our team really stepped up to the challenge of winning CUNY.”

This is the 2nd CUNY championship for the Lady Lightning this year who also won the cross-country championship.

The Apex is located on the 37-acre tree-lined campus of Lehman College of The City University of New York, at Bedford Park Blvd & Goulden Avenue in the Northwest Bronx.

Six-Month Memberships are now available.