

*An Inside
Look at*

LEHMAN ATHLETICS

A Look Back At Lehman Athletics In 2005-06

Women's Cross Country: The women's cross country team captivated a very exciting Fall season by winning the school's first ever CUNYAC championship. Junior Amy Ruston finished in first place overall with a Lehman record time of 18:01, while teammate Ana Ortiz finished in third with an overall time of 19:49. Ruston went on to the NCAA championships where she finished in 41st place overall. The Nashua, New Hampshire native was also selected as the CUNY conference's Most Valuable Runner, while Ortiz was selected as the Rookie of the Year, and head coach Lesleigh Hogg was named Coach of the Year. Twin sisters Olga and Lianne Torres and Joy Browne rounded out this championship squad.

Men's Cross Country: The men's cross country team continued their sprint to the upper echelon of the CUNY athletic conference by placing second in this year's CUNY athletic championships. Lehman's Raul Sanchez placed fifth overall with a time of 31:52 and teammate Bill Agosto also was a top-ten finisher, crossing the line in 32:47 (8th).

Women's Tennis: The women's tennis team under second year coach Frank Rivera continues to make strides, as the Lightning advanced to the post-season for consecutive seasons. The young squad posted impressive wins over City College of New York, Brooklyn College, and Polytechnic University. Senior Micaela Tabing, and sophomore Christa Grant led the charge for this year's Lightning team.

Women's Volleyball: In a season where injuries played a contributing factor, the women's volleyball was able to continue to challenge for the CUNY conference title. Finishing in fourth place overall, the Lightning were defeated in the quarter-finals by host CCNY. Junior transfer Kelloney Thompson, and sophomore Lidabel Moronta were both selected as CUNY conference all-stars.

Men's Basketball: The men's basketball team advanced to its second consecutive ECAC post-season tournament. Senior Sekani Francis finished his collegiate career in style, being named the CUNY Conference Player of the Year for the second consecutive season. Francis was also selected as an ECAC first-team all-star, a Metropolitan Sports Writer first-team all-star, and a D3Hoops third team all-star. Point guard Willy Vargas was selected as a second team CUNY conference all-star.

Women's Basketball: The women's basketball team finished a very exciting season. The Lightning advanced to the CUNY conference semi-finals, and were just twenty minutes away from upsetting top-seeded Baruch College. Freshman Sally Nnamani was named the CUNY Conference Rookie of the Year, and was also selected as a third team D3 Hoops All-Star. Head coach Eric Harrison continued to add to his total as the all-time winningest coach in Lehman history. Freshman Monique Sampson was named to the CUNY conference All-Rookie team, while sophomore Maria Loor was selected to the all-tournament team.

Men's Swimming: With a stellar performance this season, the Lehman College men's swim team captured the school's first ever men's swimming championship. Sophomore sensation Darnell James was named the CUNY conference's most valuable performer for the second consecutive season. Junior Walter Lugo was very effective in his role of team leader, while sophomore Hector Pena, and freshman Bud Rivera also helped lead the Lightning to success this season.

Women's Swimming: The women's swim team is gradually improving each season. With the leadership of senior Quy Ho, the Lightning are beginning to show signs of being a power in the CUNY athletic conference. Junior Rica Abiva and sophomore Christine Herrera continue to show glimpses of the future of Lehman women's swimming. Lehman finished fourth in the CUNY championships.

Men's Volleyball: Former Lehman women's volleyball star Divina Arroyo has taken the responsibility of rebuilding the men's volleyball team back in to a national contender and the Lightning have made strides this season. Advancing to the conference tournament, Lehman also saw sophomore Gustavo Orduz selected as a second team CUNY All-Star.

Women's Indoor Track: The women's indoor track team captured the CUNY conference championship at the 168th street Armory. Junior Amy Ruston dominated the event, while senior Martinia Heath was also a multiple medal winner placing first in the High Jump and 55 meter hurdles and second in the Long Jump. The duo accounted for 68 of the Lightning's total score. Also making significant contributions were Ana Ortiz and Olga Torres in the 1500, 800, 3000 and Distance Medley Relay, Lianee Torres in the DMR, 1500, and 800 and Alyyah Vizcarrando in the Long Jump, 55 High Hurdles and High Jump.

Men's Indoor Track: The men's indoor track team finished third in the CUNY conference championships. Raul Sanchez, a junior from Walton High School placed third in the 5000 meter run and has been a vital part of the Lehman success. Victor Rodriguez, and Joseph Bodden both finished second and third respectively in the long jump. Bill Agosto, Chris Yopez, and Michael Francis also added strong performances throughout the championships.

Women's Softball: Under the direction of third year coach Kim Santoemma, the women's softball team has once again received a bid to the CUNY conference tournament. Freshman Miguelina Reyes leads the nation in batting average, and is a leading candidate for the CUNY conference Rookie of the Year. Junior Lucia Sufran also leads the CUNY conference in stolen bases.

Baseball: The Lehman College men's baseball had an impressive win over regional power New Jersey City University. To follow up that victory, the Lightning had an impressive three game sweep over Yeshiva University. Freshman Kareem Benjamin has been a surprise for the Lightning. Benjamin is currently ranked second in the conference with two home runs.

Men's Tennis: Senior Eddie Rodriguez, and Tashius Mathrin will look to continue their growth with the men's tennis program. The duo are the two returning veterans for second year head coach Frank Rivera. The Lightning will compete for the opportunity to advance to the United States National Tennis Center, where the CUNY Championships will be held in May.

Men and Women's Outdoor Track: Coach Lesleigh Hogg will look to continue his dominance in the outdoor CUNY events. The indoor track season is currently underway, and coach Hogg will make his selections as to who will represent Lehman College in the outdoor season as the season approaches. Senior Martinia Heath has been steady on the women's side, while Bill Agosto has been dominant in past men's championships.