

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH PROMOTION  
AND NUTRITION SCIENCES**

**CURRICULUM CHANGE**

1. **Type of change:** Converting an experimental course to a new course

2.

Department(s)	Health Promotion and Nutrition Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education
Course Prefix & Number	HEA 536
Course Title	Family and Community Health Education
Description	Understanding the role that families and communities play in the health education classroom experience for adolescents.
Pre/ Co Requisites	
Credits	2
Hours	2
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	Remove Experimental Course Attribute
General Education Component	X Not Applicable _____ Required _____ English Composition _____ Mathematics _____ Science

	<input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World
--	---

### 3. **Rationale:**

HEA 536 was approved as an experimental course in fall 2025 and is now being submitted for conversion to a new course. This course is necessary to meet health content requirements for NYSED certification.

### 4. **Learning Outcomes (By the end of the course students will be expected to):**

1. Define the concept of comprehensive health education.
2. Distinguish what roles families play in the health education classroom.
3. Identify physical, social, emotional, and intellectual health factors adolescents experience.
5. Identify the components of a school health program.
6. Identify local community-based organizations that benefit the families of students.
7. Explain health promotion; and the role it plays within families and communities.
8. Communicate the need for combining community and school health for the benefit of families.
9. Distinguish the need for community health and school health.
10. Identify ways for integrating community health education into classrooms.

### 4. **Date of Departmental Approval:** July 18, 2025