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TOTAL CURVATURE: A few sample results plus references

The curvature κ of a smooth curve in 3-space is ≥ 0 by definition, and its integral w.r.t. arc length, $\int \kappa(s) ds$, is called the **total curvature** of the curve.

In the plane, the curvature κ can change sign, so we define total curvature to be $\int |\kappa(s)| ds$, and sometimes, for emphasis, this is called total absolute curvature.

The two basic theorems in the subject.

Fenchel's Theorem (1929). The total curvature of any simple closed curve in 3-space is $\geq 2\pi$, with equality if and only if it is a plane convex curve.

Fary-Milnor Theorem (1949). If the simple closed curve in 3-space is knotted, then its total curvature is $> 4\pi$.

Surfaces in 4-space.

Theorem (Dan Sunday, 1974). If $f: S^2 \rightarrow R^4$ is a smooth embedding, and if $\text{gen}(f)$ is the minimum number of generators needed to present the fundamental group $\pi_1(R^4 - f(S^2))$, then

$$\text{Total curvature of } f(S^2) \geq 4\pi^2 \text{gen}(f).$$

The argument uses Morse theory in much the same way that it can be used to give a proof of the Fary-Milnor Theorem.

Two results due to Peter Wintgen in 1978.

(A) Let $f: S^2 \rightarrow R^4$ be an immersion, let H be the mean curvature of the image, and I the self-intersection number in the sense of Whitney. Then the total squared mean curvature satisfies

$$\int_{S^2} H^2 d(\text{area}) \geq (3 + I) \pi .$$

(B) Let $f: M^2 \rightarrow R^4$ be a smooth embedding of a closed surface M^2 into R^4 , and $\text{gen}(f)$ the minimum number of generators of the fundamental group $\pi_2(R^4 - f(S^2))$. Then

$$\int_{M^2} H^2 d(\text{area}) \geq 4 \pi \text{gen}(f) .$$

Compare Wintgen's results w. the Willmore conjecture.

If M^2 is a smooth closed orientable surface in R^3 (**not** R^4), then $\int_{M^2} H^2 d(\text{area})$, where H is the mean curvature of M^2 , is known as the **Willmore energy** $W(M^2)$ of this surface.

One can prove that $W(M^2) \geq 4\pi$, with equality if and only if M^2 is a round sphere.

Compare with Wintgen's inequality $\int_{S^2} H^2 d(\text{area}) \geq (3 + I) \pi$ for 2-spheres immersed in R^4 .

In 1965, Willmore, proposed that if M^2 is a smoothly immersed torus in R^3 , then $W(M^2) \geq 2\pi^2$.

This was proved in 2012 by Fernando Coda Marques and André Neves, using the Almgren-Pitts min-max theory.

Compare with Wintgen's inequality $\int_{M^2} H^2 d(\text{area}) \geq 4 \pi \text{gen}(f)$ for surfaces smoothly embedded in R^4 .

Theorem of Remi Langevin and Harold Rosenberg (1976) .

Let C be a smooth knot embedded in R^3 and M a smooth compact orientable surface of genus g immersed in R^3 with boundary C . Then

$$2 \int_C \kappa \, ds + \int_M |K| \, d(\text{area}) \geq 2\pi (2g + 2),$$

where κ is the curvature (≥ 0) of C and K is the Gaussian curvature of M , and if C is actually knotted, then the inequality is $\geq 2\pi (2g + 3)$.

Theorems of Chern and Lashof (1957).

Let M^n be a closed orientable n -manifold immersed in R^N . Then

(1) Total curvature of $M^n \geq 2 \text{vol}(S^{N-1})$, with equality if and only if M^n is embedded as a convex hypersurface in some $n+1$ plane in R^N .

(2) If Total curvature of $M^n < 3 \text{vol}(S^{N-1})$, then M is homeomorphic to S^{n-1} .

Fundamental question to study, as phrased by Joe Hoisington.

Let M^n be a closed n -manifold, smoothly embedded in R^N .

How does the "topological complexity" of the manifold M^n and its complement $R^N - M^n$ impose a lower bound on the total curvature of M^n ?

(1) Study first for knots in 3-space ...

(2) then for surfaces in 4-space.

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