

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF EXERCISE SCIENCES AND RECREATION

CURRICULUM CHANGE

Name of Program and Degree Award: M.S.Ed. in Recreation Education

Hegis Number: 0835.00

Program Code: 33998 – REC-MSED

1. **Type of Change:** Update to Coursedog Catalog; Change in Degree Requirements

2. **From:**

Recreation Education – REC-MSED

Exercise Sciences and Recreation • Master of Science in Education • MSED - Master of Science in Education

Program Description

The Master's in Education (MSED) in Recreation Education, consists of 33-36 credits and is offered in ~~two formats: (1) on campus and (2) fully online~~. The ~~delivery format is the only difference between the programs, and both programs are designed to prepare~~ individuals for professional employment in the broad field of leisure services.

Requirements

Type: Completion Requirement

Earn a minimum Grade of B

Earn at least 33 credits

~~The curriculum for the M.S.Ed. Program in Recreation includes six options:~~

~~Option A: CAMPUS~~ ~~Recreation and Park Administration, which prepares individuals for supervisory and administrative roles in public, voluntary, and commercial recreation agencies.~~

~~Option B: CAMPUS~~ ~~Therapeutic Recreation Service, which prepares individuals to deliver therapeutic recreation services in hospitals, nursing homes, day treatment programs, and other institutional and community settings. Students who complete this option have met the therapeutic recreation option requirements for certification as a Certified Therapeutic Recreation Specialist, administered by the National Council for Therapeutic Recreation Certification.~~

Option C: ~~CAMPUS~~ Physical Education Teacher: This option is open ~~ONLY~~ to students who possess initial certification as a physical education teacher and are pursuing professional certification, for which this degree will qualify them, according to the NYS Education Department.

Option D: ~~ONLINE~~ Recreation and Park Administration, which prepares individuals for supervisory and administrative roles in public, voluntary, and commercial recreation agencies.

Option E: ~~ONLINE~~ Therapeutic Recreation Service, which prepares individuals to deliver therapeutic recreation services in hospitals, nursing homes, day treatment programs, and other institutional and community settings. Students who complete this option have met the therapeutic recreation option requirements for certification as a Certified Therapeutic Recreation Specialist, administered by the National Council for Therapeutic Recreation Certification.

Option F: ~~ONLINE~~ Physical Education Teacher: This option is open ~~ONLY~~ to students who possess initial certification as a physical education teacher and are pursuing professional certification, for which this degree will qualify them, according to the NYS Education Department.

All Students in options A through F must meet one of the following graduation requirements: (a) pass a comprehensive exam, or (b) complete capstone project. Students who select the capstone project option enroll in REC 781 in lieu of 3 or 6 credits of electives.

National Certification Exam for Certified Therapeutic Recreation Specialist (CTRS)

- Students who want to take the National Certification Exam for Certified Therapeutic Recreation Specialist (CTRS) are required to have completed three undergraduate supportive courses: BIO 181 Anatomy and Physiology I, PSY 234 Abnormal Psychology, and HIN 268 Growth and Development, or equivalent. Students have to take these three courses prior to internship. These three undergraduate courses are not counted as credits for the Recreation Education M.S.Ed. Program.

Additional Comments:

All students, ~~regardless of option~~, must complete at least 24 credits in recreation courses and may complete their additional 6 credits in related areas, with the prior approval of the graduate adviser. A maximum of 12 credits may be transferred from other universities or colleges with the approval of the Graduate Adviser. Upon graduation, all students will have met the academic requirements for certification as a Certified Parks and Recreation Professional, administered by the National Recreation and Parks Association.

Master's Requirements - Admission Requirements

Type: Pre-requisite

- Bachelor's degree (or its equivalent) from an accredited college or university.
- Demonstrate the ability to successfully pursue graduate study. (Above-average academic achievement in general is required.)
- Two letters of recommendation.
- If conditionally admitted, make up not more than 12 credits of specified undergraduate coursework, starting in the first semester and finishing in no more than three consecutive semesters.

Departmental Retention Policy

Once admitted into one of the graduate programs, students must maintain a Grade Point Average of B. If a student's average falls below B, he or she will have one semester to bring the average up to the minimum standard. Failure to do so may result in dismissal from the program.

Masters Requirements - Recreation and Park Administration (~~Option A-Campus Program~~)

Type: Completion Requirement

Fulfill ALL of the following requirements:

Recreation Service

Complete ALL of the following Courses:

- REC 700 - Recreation and Leisure in Modern Society (3 cr)
- REC 701 - Research Methods and Data Analysis in Recreation (3 cr)
- REC 702 - Recreation Program Planning and Leadership (3 cr)
- REC 703 - Administrative Process in Recreation and Parks (3 cr)
- REC 705 - Community Recreation and Park Facilities (3 cr)
- REC 706 – Outdoor Education and Recreation (3 cr)

AND

Therapeutic Recreation

Earn at least 3 credits from the following:

- REC 640 - Therapeutic Recreation & Disabilities (3 cr)
- REC 704 - Therapeutic Recreation Service (3 cr)
- REC 707 - Therapeutic Recreation in Geriatric Settings (3 cr)
- REC 708 - Therapeutic Recreation in Psychiatric Rehabilitation (3 cr)

- REC 709 - Therapeutic Recreation and Developmental Disability (3 cr)
- REC 710 - Therapeutic Recreation Applications to Social Problems (3 cr)
- REC 711 - Therapeutic Recreation Programs and Physical Disability (3 cr)

AND

Administration and Education Electives

Earn at least 6 credits from the following:

- REC 680 – Special Topics in Recreation (3 cr)
- REC 712 – Specialized Programs in Therapeutic Recreation Service (3 cr)
- REC 715 – Clinical Practice and Internship (3 cr)
- REC 790 – Independent Study in Recreation (1-3 cr)

Note: Students who have not had professional experience in Recreation Services must take REC 715, ~~as part of their option~~. REC 680 can be taken again for credit as the topic changes.

AND

Earn at least 6 credits from the following:

- 6 credits related electives from courses in EXS, REC, HEA, or Education

Note: Students who select capstone project option must take REC 781, as part of their elective credits

Masters Requirements – Therapeutic Recreation Service ~~(Option B-Campus Program)~~

Type: Completion Requirement

Fulfill ALL of the following requirements:

Recreation Service

Complete ALL of the following Courses:

- REC 700 - Recreation and Leisure in Modern Society (3 cr)
- REC 701 - Research Methods and Data Analysis in Recreation (3 cr)
- REC 702 - Recreation Program Planning and Leadership (3 cr)
- REC 703 - Administrative Process in Recreation and Parks (3 cr)

AND

Therapeutic Recreation

Earn at least 18 credits from the following:

- REC 640 – Therapeutic Recreation & Disabilities (3 cr)
- REC 704 - Therapeutic Recreation Service (3 cr)
- REC 707 – Therapeutic Recreation in Geriatric Settings (3 cr)
- REC 708 – Therapeutic Recreation in Psychiatric Rehabilitation (3 cr)
- REC 709 – Therapeutic Recreation and Developmental Disability (3 cr)
- REC 710 – Therapeutic Recreation Applications to Social Problems (3 cr)
- REC 711 – Therapeutic Recreation Programs and Physical Disability (3 cr)
- REC 714 - Therapeutic Recreation Program Design (3 cr)
- REC 724 - Advanced Therapeutic Recreation Processes (3 cr)

AND

Elective or Clinical Internship (3 or 6 credits)

Fulfill ANY of the following requirements:

Earn at least 3 credits from elective courses in EXS, REC, HEA or Education

OR

Earn at least 3 credits from the following:

- REC 715 – Clinical Practice and Internship (3 cr)

Additional Comments:

• Students who select the capstone project option must take REC 781, as part of their elective option. However, those who choose the comprehensive exam and have TR professional experience can instead take a 3-credit elective course.

• Note: REC 715 is required for only students who do not hold a bachelor's degree in Therapeutic Recreation or do not have professional experience in Therapeutic Recreation Field, consisting of:

- A minimum of 5000 hours of paid work experience that uses the TR process, or
- A minimum of 1500 hours of paid work experience that uses the TR process, if receiving or have received supervision from a CTRS for at least 1 hour for every 10 hours worked each week.

Masters Requirements – Physical Education Teacher ~~for Initial PE Certificants ONLY (Option C-Campus Program)~~

Type: Completion Requirement

Fulfill ALL of the following requirements:

Recreation Service

Complete ALL of the following Courses:

- EXS 501 – Physical Activity, Exercise, and Fitness (3 cr)
- REC 700 - Recreation and Leisure in Modern Society (3 cr)
- REC 701 - Research Methods and Data Analysis in Recreation (3 cr)
- REC 702 - Recreation Program Planning and Leadership (3 cr)
- REC 703 - Administrative Process in Recreation and Parks (3 cr)
- REC 705 - Community Recreation and Park Facilities (3 cr)

AND

Therapeutic Recreation

Earn at least 3 credits from the following:

- REC 640 - Therapeutic Recreation & Disabilities (3 cr)
- REC 704 - Therapeutic Recreation Service (3 cr)
- REC 707 - Therapeutic Recreation in Geriatric Settings (3 cr)
- REC 708 - Therapeutic Recreation in Psychiatric Rehabilitation (3 cr)
- REC 709 - Therapeutic Recreation and Developmental Disability (3 cr)
- REC 710 - Therapeutic Recreation Applications to Social Problems (3 cr)
- REC 711 - Therapeutic Recreation Programs and Physical Disability (3 cr)

AND

Administration Electives

Earn at least 6 credits from the following:

- REC 680 – Special Topics in Recreation (3 cr)
- REC 706 – Outdoor Education and Recreation (3 cr)
- REC 712 – Specialized Programs in Therapeutic Recreation Service (3 cr)

- REC 715 – Clinical Practice and Internship (3 cr)
- REC 790 – Independent Study in Recreation (1-3 cr)

~~Note: Students who have not had professional experience in Recreation Service must take REC 715, as part of their option.~~

Note: REC 680 can be taken again for credit as the topic changes.

AND

Earn at least 6 credits

- 6 credits related electives from courses in EXS, REC, HEA, or Education

Additional Comments:

Students who have not had professional experience in Recreation Services must take REC 715, as part of their option

Students who select capstone project option must take REC 781, as part of their elective option

~~Masters Requirements – Recreation and Park Administration (Option D-Online Program)~~

~~Fulfill ALL of the following requirements:~~

~~Recreation Service~~

~~Complete ALL of the following Courses:~~

- ~~REC 700 – Recreation and Leisure in Modern Society~~
- ~~REC 701 – Research Methods and Data Analysis in Recreation~~
- ~~REC 702 – Recreation Program Planning and Leadership~~
- ~~REC 703 – Administrative Process in Recreation and Parks~~
- ~~REC 705 – Community Recreation and Park Facilities~~
- ~~REC 706 – Outdoor Education and Recreation~~

AND

~~Therapeutic Recreation~~

~~Earn at least 3 credits from the following:~~

- ~~REC 640 – Therapeutic Recreation & Disabilities~~
- ~~REC 704 – Therapeutic Recreation Service~~

- ~~REC 707—Therapeutic Recreation in Geriatric Settings~~
- ~~REC 708—Therapeutic Recreation in Psychiatric Rehabilitation~~
- ~~REC 709—Therapeutic Recreation and Developmental Disability~~
- ~~REC 710—Therapeutic Recreation Applications to Social Problems~~
- ~~REC 711—Therapeutic Recreation Programs and Physical Disability~~

~~AND~~

~~Administration and Education Electives~~

~~Earn at least 6 credits from the following:~~

- ~~REC 680—Special Topics in Recreation~~
- ~~REC 712—Specialized Programs in Therapeutic Recreation Service~~
- ~~REC 715—Clinical Practice and Internship~~
- ~~REC 790—Independent Study in Recreation~~

~~Note: Students who have not had professional experience in Recreation Services must take REC 715, as part of their option. REC 680 can be taken again for credit as the topic changes.~~

~~AND~~

~~Earn at least 6 credits~~

- ~~6 credits related electives from courses in EXS, REC, HEA, or Education~~

~~Note: Students who select capstone project option must take REC 781, as part of their elective credits~~

~~Masters Requirements — Therapeutic Recreation Service (Option E-Online Program)~~

~~Fulfill ALL of the following requirements:~~

~~Recreation Service (12 credits)~~

~~Complete ALL of the following Courses:~~

- ~~REC 700—Recreation and Leisure in Modern Society~~
- ~~REC 701—Research Methods and Data Analysis in Recreation~~
- ~~REC 702—Recreation Program Planning and Leadership~~
- ~~REC 703—Administrative Process in Recreation and Parks~~

AND

~~Therapeutic Recreation (18 credits)~~

~~Earn at least 18 credits from the following:~~

- ~~• REC 640—Therapeutic Recreation & Disabilities~~
- ~~• REC 704—Therapeutic Recreation Service~~
- ~~• REC 707—Therapeutic Recreation in Geriatric Settings~~
- ~~• REC 708—Therapeutic Recreation in Psychiatric Rehabilitation~~
- ~~• REC 709—Therapeutic Recreation and Developmental Disability~~
- ~~• REC 710—Therapeutic Recreation Applications to Social Problems~~
- ~~• REC 711—Therapeutic Recreation Programs and Physical Disability~~
- ~~• REC 714—Therapeutic Recreation Program Design~~
- ~~• REC 724—Advanced Therapeutic Recreation Processes~~

AND

~~Elective or Clinical Internship (3 or 6 credits)~~

~~Earn at least 3 credits from elective courses in EXS, REC, HEA, or Education~~

OR

~~Earn at least 3 credits in REC 715—Clinical Practice and Internship~~

~~Additional Comments:~~

- ~~• Students opting for the capstone project must enroll in REC 781 as an elective. Those choosing the comprehensive exam and have TR professional experience have the flexibility to take a 3-credit elective.~~
- ~~• Note: REC 715 is required for only students who do not hold a bachelor's degree in Therapeutic Recreation or do not have professional experience in Therapeutic Recreation Field, consisting of:~~
 - ~~• A minimum of 5000 hours of paid work experience that uses the TR process, or~~
 - ~~• A minimum of 1500 hours of paid work experience that uses the TR process, if receiving or have received supervision from a CTRS for at least 1 hour for every 10 hours worked each week.~~

**~~Masters Requirements—Physical Education Teacher for Initial PE Certificants
ONLY (Option F-Online Program)~~**

~~Fulfill ALL of the following requirements:~~

~~Recreation Service~~

~~Complete ALL of the following Courses:~~

- ~~EXS 501—Physical Activity, Exercise, and Fitness~~
- ~~REC 700—Recreation and Leisure in Modern Society~~
- ~~REC 701—Research Methods and Data Analysis in Recreation~~
- ~~REC 702—Recreation Program Planning and Leadership~~
- ~~REC 703—Administrative Process in Recreation and Parks~~
- ~~REC 705—Community Recreation and Park Facilities~~

~~AND~~

~~Therapeutic Recreation~~

~~Earn at least 3 credits from the following:~~

- ~~REC 640—Therapeutic Recreation & Disabilities~~
- ~~REC 704—Therapeutic Recreation Service~~
- ~~REC 707—Therapeutic Recreation in Geriatric Settings~~
- ~~REC 708—Therapeutic Recreation in Psychiatric Rehabilitation~~
- ~~REC 709—Therapeutic Recreation and Developmental Disability~~
- ~~REC 710—Therapeutic Recreation Applications to Social Problems~~
- ~~REC 711—Therapeutic Recreation Programs and Physical Disability~~

~~AND~~

~~Administration Electives (6 credits)~~

~~Earn at least 6 credits from the following:~~

- ~~REC 680—Special Topics in Recreation~~
- ~~REC 706—Outdoor Education and Recreation~~
- ~~REC 712—Specialized Programs in Therapeutic Recreation Service~~
- ~~REC 715—Clinical Practice and Internship~~

- ~~REC 790—Independent Study in Recreation~~

~~Note: REC 680 can be taken again for credit as the topic changes.~~

~~AND~~

~~Electives (6 credits)~~

~~Earn at least 6 credits~~

- ~~6 credits related electives from courses in EXS, REC, HEA, or Education~~

Additional Comments:

• ~~Students who have not had professional experience in Recreation Services must take REC 715, as part of their option~~

• ~~Students who select capstone project option must take REC 781, as part of their elective option~~

3. To:

Recreation Education – REC-MSED

Exercise Sciences and Recreation • Master of Science in Education • MSED - Master of Science in Education

Program Description

The Master's in Education (MSED) in Recreation Education Program consists of 33-36 credits and is offered in a 100% online format. The program is designed to prepare individuals for professional employment and advancement in the broad field of leisure services.

Requirements

Masters Requirements – Master of Science in Education

Type: Completion Requirement

Earn a minimum Grade of B

Earn at least 33 credits

The curriculum for the M.S.Ed. in Recreation Education Program consists of three options. ALL students will be enrolled in the Online option and then choose one of the three other options to specialize in (Recreation and Park Administration, Therapeutic Recreation Service, or Physical Education Teacher):

Online: All students will be enrolled in this option.

Recreation and Park Administration: Prepares individuals for supervisory and administrative roles in public, non-profit, and commercial recreation agencies.

Therapeutic Recreation Service: Prepares individuals to deliver therapeutic recreation services in hospitals, nursing homes, day-treatment programs, and other institutional and community settings. Students who complete this option have met the therapeutic recreation option requirements for certification as a Certified Therapeutic Recreation Specialist, administered by the National Council for Therapeutic Recreation Certification.

Physical Education Teacher: This option is open ONLY to students who possess initial certification as a physical education teacher and are pursuing professional certification, for which this degree will qualify them, according to the NYS Education Department.

All Students must meet one of the following graduation requirements: (a) pass a comprehensive exam, or (b) complete capstone project. Students who select the capstone project option enroll in REC 781 in lieu of 3 or 6 credits of electives. Students in the Therapeutic Recreation option who have completed REC 781 are only required to complete 15 credits of therapeutic recreation coursework. REC 781 may be counted as one of the required therapeutic recreation courses.

National Certification Exam for Certified Therapeutic Recreation Specialist (CTRS)

- Students who want to take the National Certification Exam for Certified Therapeutic Recreation Specialist (CTRS) are required to have completed three undergraduate supportive courses: BIO 181 Anatomy and Physiology I, PSY 234 Abnormal Psychology, and HIN 268 Growth and Development, or equivalent. Students have to take these three courses prior to internship. These three undergraduate courses are not counted as credits for the Recreation Education M.S.Ed. Program.

Additional Comments:

All students must complete at least 24 credits in recreation courses and may complete their additional 6 credits in related areas, with the prior approval of the graduate adviser. A maximum of 12 credits may be transferred from other universities or colleges with the approval of the Graduate Adviser. Upon graduation, all students will have met the academic requirements for certification as a Certified Parks and Recreation Professional, administered by the National Recreation and Parks Association.

Admission Requirements

- Bachelor's degree (or its equivalent) from an accredited college or university.
- Demonstrate the ability to successfully pursue graduate study. (Above-average academic achievement in general is required.)

- Two letters of recommendation.
- If conditionally admitted, make up not more than 12 credits of specified undergraduate coursework, starting in the first semester and finishing in no more than three consecutive semesters.

Departmental Retention Policy

Once admitted into one of the graduate programs, students must maintain a Grade Point Average of B. If a student's average falls below B, he or she will have one semester to bring the average up to the minimum standard. Failure to do so may result in dismissal from the program.

Masters Requirements - Recreation and Park Administration

Type: Completion Requirement

Fulfill ALL of the following requirements:

Recreation Service

Complete ALL of the following:

- REC 700 - Recreation and Leisure in Modern Society (3 cr)
- REC 701 - Research Methods and Data Analysis in Recreation (3 cr)
- REC 702 - Recreation Program Planning and Leadership (3 cr)
- REC 703 - Administrative Process in Recreation and Parks (3 cr)
- REC 705 - Community Recreation and Park Facilities (3 cr)
- REC 706 – Outdoor Education and Recreation (3 cr)

AND

Therapeutic Recreation

Earn at least 3 credits from the following:

- REC 640 - Therapeutic Recreation & Disabilities (3 cr)
- REC 704 - Therapeutic Recreation Service (3 cr)
- REC 707 - Therapeutic Recreation in Geriatric Settings (3 cr)
- REC 708 - Therapeutic Recreation in Psychiatric Rehabilitation (3 cr)
- REC 709 - Therapeutic Recreation and Developmental Disability (3 cr)
- REC 710 - Therapeutic Recreation Applications to Social Problems (3 cr)
- REC 711 - Therapeutic Recreation Programs and Physical Disability (3 cr)

AND

Administration and Education Electives

Earn at least 6 credits from the following:

- REC 680 – Special Topics in Recreation (3 cr)
- REC 712 – Specialized Programs in Therapeutic Recreation Service (3 cr)
- REC 713 - Finance, Budgeting, and Human Resource Management in Recreation Leadership (3 cr)
- REC 715 – Clinical Practice and Internship (3 cr)
- REC 790 – Independent Study in Recreation (1-3 cr)

Note: Students who have not had professional experience in Recreation Services must take REC 715. REC 680 can be taken again for credit as the topic changes.

AND

Earn at least 6 credits from the following:

- 6 credits related electives from courses in EXS, REC, HEA, or Education

Note: Students who select the capstone project option must take REC 781, as part of their elective credits.

Masters Requirements – Therapeutic Recreation Service

Type: Completion Requirement

Fulfill ALL of the following requirements:

Recreation Service

Complete ALL of the following:

- REC 700 - Recreation and Leisure in Modern Society (3 cr)
- REC 701 - Research Methods and Data Analysis in Recreation (3 cr)
- REC 702 - Recreation Program Planning and Leadership (3 cr)
- REC 703 - Administrative Process in Recreation and Parks (3 cr)

AND

Therapeutic Recreation

Earn at least 18 credits from the following:

- REC 640 – Therapeutic Recreation & Disabilities (3 cr)
- REC 704 - Therapeutic Recreation Service (3 cr)

- REC 707 – Therapeutic Recreation in Geriatric Settings (3 cr)
- REC 708 – Therapeutic Recreation in Psychiatric Rehabilitation (3 cr)
- REC 709 – Therapeutic Recreation and Developmental Disability (3 cr)
- REC 710 – Therapeutic Recreation Applications to Social Problems (3 cr)
- REC 711 – Therapeutic Recreation Programs and Physical Disability (3 cr)
- REC 714 - Therapeutic Recreation Program Design (3 cr)
- REC 724 - Advanced Therapeutic Recreation Processes (3 cr)

AND

Elective or Clinical Internship (3 or 6 credits)

Fulfill ANY of the following requirements:

Earn at least 3 credits from elective courses in EXS, REC, HEA or Education

OR

Earn at least 3 credits from the following:

- REC 715 – Clinical Practice and Internship (3 cr)

Additional Comments:

• Students who select the capstone project option must take REC 781, as part of their elective option. However, those who choose the comprehensive exam and have TR professional experience can instead take a 3-credit elective course.

• Note: REC 715 is required for only students who do not hold a bachelor's degree in Therapeutic Recreation or do not have professional experience in Therapeutic Recreation Field, consisting of:

- A minimum of 5000 hours of paid work experience that uses the TR process, or
- A minimum of 1500 hours of paid work experience that uses the TR process, if receiving or have received supervision from a CTRS for at least 1 hour for every 10 hours worked each week.

Masters Requirements – Physical Education Teacher (All candidates must possess the initial physical education teacher certification)

Type: Completion Requirement

Fulfill ALL of the following requirements:

Recreation Service

Complete ALL of the following:

- EXS 501 – Physical Activity, Exercise, and Fitness (3 cr)
- REC 700 - Recreation and Leisure in Modern Society (3 cr)
- REC 701 - Research Methods and Data Analysis in Recreation (3 cr)
- REC 702 - Recreation Program Planning and Leadership (3 cr)
- REC 703 - Administrative Process in Recreation and Parks (3 cr)
- REC 705 - Community Recreation and Park Facilities (3 cr)

AND

Therapeutic Recreation

Earn at least 3 credits from the following:

- REC 640 - Therapeutic Recreation & Disabilities (3 cr)
- REC 704 - Therapeutic Recreation Service (3 cr)
- REC 707 - Therapeutic Recreation in Geriatric Settings (3 cr)
- REC 708 - Therapeutic Recreation in Psychiatric Rehabilitation (3 cr)
- REC 709 - Therapeutic Recreation and Developmental Disability (3 cr)
- REC 710 - Therapeutic Recreation Applications to Social Problems (3 cr)
- REC 711 - Therapeutic Recreation Programs and Physical Disability (3 cr)

AND

Administration Electives

Earn at least 6 credits from the following:

- REC 680 – Special Topics in Recreation (3 cr)
- REC 706 – Outdoor Education and Recreation (3 cr)
- REC 712 – Specialized Programs in Therapeutic Recreation Service (3 cr)
- REC 713 - Finance, Budgeting, and Human Resource Management in Recreation Leadership (3 cr)
- REC 715 – Clinical Practice and Internship (3 cr)
- REC 790 – Independent Study in Recreation (1-3 cr)

Note: REC 680 can be taken again for credit as the topic changes.

AND

Earn at least 6 credits

- 6 credits related electives from courses in EXS, REC, HEA, or Education

Additional Comments:

Students who have not had professional experience in Recreation Services must take REC 715.

Students who select the capstone project option must take REC 781, as part of their elective option.

4. Rationale:

- Options have been deleted and reformatted to align with how the program appears in both CUNYfirst and Coursedog.
- A new course, REC 713: Finance, Budgeting, and Human Resource Management in Recreation Leadership, has been added as a possible elective for graduate students in the Recreation and Park Administration and Physical Education Teacher options.
- Since some students in the therapeutic recreation option do not have room in their program of study to take additional courses, students who choose the Capstone project (REC 781) instead of the comprehensive examination may count REC 781 as one of the required therapeutic recreation courses.

5. Date of departmental approval: 09/08/2026

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF EXERCISE SCIENCES AND RECREATION

CURRICULUM CHANGE

1. **Type of change:** New Course

2.

Department(s)	Exercise Sciences and Recreation
Career	☐ Undergraduate ☒ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Recreation Education
Course Prefix & Number	REC 713
Course Title	Finance, Budgeting, and Human Resource Management in Recreation Leadership
Description	Advanced analysis and application of financial, budgeting, pricing, and human resource management practices within recreation and leisure organizations. Emphasis on leadership-level decision-making, resource allocation, workforce planning, and fiscal accountability across public, nonprofit, and private recreation settings.
Pre/ Co Requisites	Departmental Permission
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	☒ Not Applicable ☐ Required ☐ English Composition ☐ Mathematics ☐ Science ☐ Flexible ☐ World Cultures ☐ US Experience in its Diversity ☐ Creative Expression ☐ Individual and Society ☐ Scientific World

3. Rationale:

The National Recreation and Parks Association (NRPA) outlines three areas of study in the foundational curriculum: 1) Foundations; 2) Provision of services and experience opportunities for guests, visitors, participants, clients, or other constituent groups; and 3) Management/Administration. The M.S.Ed. in Recreation Education program does not currently have a course that covers the topics of finance and human resources management, two vital skills that leaders in the field of leisure and recreation require when managing large organizations.

4. Learning Outcomes (By the end of the course students will be expected to):

- By the end of the course, students will be expected to:
 - Critically analyze and interpret financial statements and budgetary reports (e.g., operating budgets, income statements, balance sheets) to inform leadership and strategic decision-making in recreation and leisure organizations.
 - Design, justify, and manage programmatic or organizational budgets using advanced financial management principles, including forecasting, variance analysis, and fiscal accountability.
 - Evaluate and compare funding models, revenue strategies, and cost-recovery approaches across public, nonprofit, and private recreation contexts, considering organizational mission and sustainability.
 - Apply and assess human resource management strategies related to recruitment, selection, training, performance management, and retention within recreation and leisure organizations.
 - Interpret and apply employment laws, labor relations frameworks, and ethical standards to complex personnel and organizational scenarios in recreation leadership settings.
 - Demonstrate leadership-level supervision and management strategies that support effective staff and volunteer performance, equity, and organizational culture.
 - Develop and defend a comprehensive staffing and workforce plan aligned with program goals, financial constraints, and equitable and inclusive employment practices.
 - Integrate financial and human resource management principles to design a comprehensive operational or strategic plan for a recreation or leisure organization or service.

5. Date of Departmental Approval: 09/08/2026

**LEHMAN COLLEGE
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CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF EXERCISE SCIENCES AND RECREATION

CURRICULUM CHANGE

1. **Type of Change:** Course description

2. **From:**

Department(s)	Exercise Sciences and Recreation
Career	☐ Undergraduate ☒ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Human Performance and Fitness
Course Prefix & Number	EXS 970
Course Title	Research Practicum in Human Performance
Description	Participation as a research assistant in a research study related to applied human performance. May be repeated for a maximum of six credits.
Pre/ Co Requisites	
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	☒ Not Applicable ☐ Required ☐ English Composition ☐ Mathematics ☐ Science ☐ Flexible ☐ World Cultures ☐ US Experience in its Diversity ☐ Creative Expression ☐ Individual and Society ☐ Scientific World

3. To:

Department(s)	Exercise Sciences and Recreation
Career	☐ Undergraduate ☒ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Human Performance and Fitness
Course Prefix & Number	EXS 970
Course Title	Research Practicum in Human Performance
Description	Participation as a research assistant in a research study related to applied human performance. May be repeated for a maximum of <u>12</u> credits.
Pre/ Co Requisites	
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	☒ Not Applicable ☐ Required ☐ English Composition ☐ Mathematics ☐ Science ☐ Flexible ☐ World Cultures ☐ US Experience in its Diversity ☐ Creative Expression ☐ Individual and Society ☐ Scientific World

4. Rationale:

- The proposed course change is to allow EXS 970 to be repeated four times for a maximum of 12 credits.
- A primary goal of the Human Performance and Fitness PhD program is to ensure that students become true research scholars. Inherent to this goal is that students are actively engaged in data collection during their time in the program. Being directly involved in a research-based setting provides keen insights into the research process that cannot be appreciated without experience in this realm; the more experience gained in this regard, the better students will be once they embark on research-based careers. This will be of particular importance to students who wish to seek employment at R1 university institutions, both in terms of obtaining employment and then succeeding in their role. Thus, we deem it

important to extend opportunities in research by allowing students to repeat this course up to 12 credits so they can maximize their research-related experience.

5. **Date of departmental approval:** 09/08/2026