

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF HEALTH PROMOTION AND NUTRITION SCIENCES

CURRICULUM CHANGE

Name of Program and Degree Award: NTRDIET-BS

Hegis Number: 1306.00

Program Code: 82141

Effective Term: Fall 2026

1. **Type of Change:** *Admission Requirements; Addition of Completion Requirements*

2. **From:** ~~Strikethrough the changes~~

Program Description

Nutrition and Dietetics is designed to prepare students for entry-level employment in nutrition and food-related positions in healthcare facilities, community agencies, cooperative extension, food service operations, culinary or nutrition education, and/or the food industry. Students are also prepared for post-graduate education in nutrition and food-related fields.

GPA Requirements

A minimum GPA of 3.3 is required for admission into Nutrition and Dietetics major. GPA must be maintained. If they are not maintained, students will be placed on academic probation for one semester after which time, if the GPA requirement is not met, students dropped from the Nutrition and Dietetics program.

Admission Information:

All students interested in Nutrition and Dietetics major will first be enrolled in the Culinary and Community Nutrition major. Students interested in the Nutrition and Dietetics major are required to earn a B- or higher grade in ~~DFN 215, DFN 321, and DFN 341 courses~~ with an overall minimum GPA of 3.3 ~~before taking a pre-entry examination to assess aptitude for the Nutrition and Dietetics Major. Upon successful completion of the pre-entry examination (earning a minimum score of 80%), students may apply for the Nutrition and Dietetics major.~~

Nutrition and Dietetics major

The Nutrition and Dietetics major complies with the requirements for a DPD and is accredited by Accreditation Council for Education in Nutrition and Dietetics ([ACEND](#)):

120 South Riverside Plaza
Suite 2190
Chicago, IL 60606-6995
(800) 877-1600, ext. 5400

ACEND@eatright.org

DPD Verification

Students fulfilling all requirements for successful completion of the ACEND-accredited DPD are eligible for a Verification Statement and can apply for supervised practice in an ACEND-accredited dietetic internship (DI), which enables the student to take the CDR examination to become a registered dietitian nutritionist (RDN). The DPD Verification Statement also provides the opportunity to take the examination to become a Nutrition and Dietetic Technician, Registered (NDTR). To obtain a Verification Statement, students must successfully complete the following:

1. All required DPD courses with a minimum GPA of 3.3
2. PSY 166, which satisfies a General Education Requirement
3. ServSafe Food Handler Certification
4. The University of Indiana Plagiarism tutorial ([available here](#))
5. Earn a score of 75% or better on the DPD Verification examination

Major Requirements – Overall

Type: Completion requirement

Earn at least 64 credits

Earn a minimum GPA of 3.3

Major Requirements – Required Courses

Type: Completion requirement

Fulfill ALL of the following requirements:

Biological Sciences:

Complete ALL of the following Courses:

- BIO 181 - Anatomy and Physiology I (4 cr)
- BIO 182 - Anatomy and Physiology II (4 cr)

Chemistry:

Complete ALL of the following Courses:

- CHE 114 - Essentials of General Chemistry Lecture (3 cr)
- CHE 115 - Essentials of General Chemistry Laboratory (1.5 cr)
- CHE 120 - Essentials of Organic Chemistry Lecture I (3 cr)
- CHE 121 - Essentials of Organic Chemistry Laboratory II (1.5 cr)

CHE 114, CHE 115: These courses also satisfy a General Education requirement.

Math:

Complete ALL of the following Courses:

- MAT 132 - Introduction to Statistics (4 cr)

Core DFN Courses:

Complete ALL of the following Courses:

- DFN 200 - ServSafe Certification (1 cr)
- DFN 215 - Introduction to Nutrition (3 cr)
- DFN 221 - Social and Cultural Determinants of Food and Health (3 cr)
- DFN 248 - Nutrition in Health Care (3 cr)
- DFN 321 - Food Science and Microbiology (4 cr)
- DFN 340 - Community Nutrition and Food Justice (3 cr)
- DFN 341 - Nutrition Throughout the Life Cycle (3 cr)
- DFN 369 - Research Methods in Nutrition (3 cr)
- DFN 430 - Management of Food and Nutrition Services (3 cr)
- DFN 437 - Nutrition Education & Counseling (3 cr)
- DFN 441 - Seminar in Professional Practice of Nutrition and Dietetics (2 cr)
- DFN 471 - Field Experience in Clinical Nutrition (2 cr)

Laboratory Courses:

Earn at least 3 credits from the following:

- DFN 120 - Laboratory Special Topics I (1.5 cr)
- DFN 220 - Laboratory Special Topics II (1.5 cr)
- DFN 250 - Food Science Laboratory (1.5 cr)
- DFN 260 - Food Culture Laboratory (1.5 cr)
- DFN 270 - Lifecycle and Therapeutic Foods Laboratory (1.5 cr)
- DFN 280 - Food Production and Management Laboratory (1.5 cr)
- DFN 290 - Sustainability In Food and Food Systems Laboratory (1.5 cr)

Nutrition and Dietetics major specific courses:

Complete ALL of the following Courses:

- DFN 348 - Nutrition in the Management of Disease I (3 cr)
- DFN 445 - Nutritional Biochemistry (3 cr)
- DFN 448 - Nutrition in the Management of Disease II (3 cr)

Additional Comments:

Some students may be eligible to complete > 50% of the DFN major online. Ineligible students include those who: 1. Do not have access to a kitchen/cooking facilities to complete the online culinary laboratory courses of the degree; or 2. Students completing the Didactic Program in Dietetics.

BS to MS Dual Credit Opportunity

Undergraduate students, majoring in Nutrition and Dietetics with 90 or more credits and a minimum of a 3.0 cumulative GPA and a minimum GPA of 3.0 in the major may be permitted to enroll in up to 12 credits of graduate coursework for the College's M.S. degree in Nutrition. The following graduate courses may be taken in place of related undergraduate courses: DFN 521 for DFN 321, DFN 622 for DFN 221, DFN 637 for DFN 437, DFN 641 for DFN 435, DFN 642 for DFN 342, DFN 791 for DFN 369. The student must receive permission from the department prior to registration.

3. To: Underline the changes**Program Description**

Nutrition and Dietetics is designed to prepare students for entry-level employment in nutrition and food-related positions in healthcare facilities, community agencies, cooperative extension, food service operations, culinary or nutrition education, and/or the food industry. Students are also prepared for post-graduate education in nutrition and food-related fields.

GPA Requirements

A minimum GPA of 3.3 is required for admission into Nutrition and Dietetics major. GPA must be maintained. If they are not maintained, students will be placed on academic probation for one semester after which time, if the GPA requirement is not met, students dropped from the Nutrition and Dietetics program.

Admission Information:

All students interested in Nutrition and Dietetics major will first be enrolled in the Culinary and Community Nutrition major. Students interested in the Nutrition and Dietetics major are required to earn a B- or higher grade in DFN 248, earn at least a C- the science prerequisite courses (CHE 114, CHE 115, CHE 120, CHE 121, BIO 181, BIO 182), with an overall minimum GPA of 3.3, attend a DPD information session, meet with the program director, submit the DPD application form, and email unofficial transcript(s) to the DPD program director.

Nutrition and Dietetics major

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1. All required DPD courses with a minimum GPA of 3.3
2. PSY 166, which satisfies a General Education Requirement
3. Earn 80% or better on all ACEND Knowledge Registered Dietitian/Nutritionist (KRDN) assessments
4. ServSafe Food Handler Certification
5. Successful completion of a plagiarism/academic integrity tutorial approved by the DPD Program Director
6. Earn a score of 75% or better on the DPD Verification Examination
7. Submit the DPD Verification Statement Request Form
8. Request all official transcripts from all institutions attended or completed the prerequisite DPD courses, to be emailed directly to the DPD Program Director

Major Requirements – Overall

Type: Completion requirement

Earn at least 64 credits

Earn a minimum GPA of 3.3

Major Requirements – Required Courses

Type: Completion requirement

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- DFN 430 - Management of Food and Nutrition Services (3 cr)
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4. Rationale (Explain how this change will impact learning outcomes of the department and Major/Program):

This proposal updates the requirements to program completion and issuance of the Didactic Program in Dietetics (DPD) Verification Statement and admission requirements to align with the current Accreditation Council for Education in Nutrition and Dietetics (ACEND) standards and program requirements. Requiring students to earn a minimum passing score on all KRDN-aligned assignments, ensures achievement of the knowledge and competencies necessary for progression for program learning outcomes and entry-level dietetics practice.

The proposal also updates the academic integrity language to reflect that evidence of plagiarism education may be obtained from a validated source. In addition, including submission of a Verification Request Form upon completion of the program, and submission of all official transcripts to the program director, to be published in the catalog. These changes strengthen academic standards, support attainment of program learning outcomes, and increase transparency regarding program requirements.

The program replaced the DPD entrance examination with a holistic admission process. These changes include early admission into the DPD, minimum cumulative GPA of 3.3, performance in the prerequisite science courses (CHE 114, CHE 115, CHE 120, CHE121, BIO 181, BIO 182, DFN 248), attendance at a DPD information session, and meeting with the DPD Program Director. These changes support earlier admission into the major, allowing qualified students to enter the DPD after their second semester in the Culinary and Community major.

By facilitating earlier admission into the major, students can progress through the curriculum in a timely manner and engage sooner in coursework designed to develop competencies in medical nutrition science, medical nutrition therapy, critical thinking, evidence-based practice and professional preparation for dietetics careers. These changes increase access to the program, support student achievement of program learning outcomes, promote retention and degree completion, and ensure continued compliance with ACEND accreditation standards. Additionally, the revised admission process was reviewed and approved by ACEND as part of the program's successful accreditation continuation in April 2026.

5. **Date of departmental approval:** 09/09/2026

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CURRICULUM CHANGE

1. **Type of Change:** *Prerequisite*

2. **From:** ~~Strike through the changes~~

Department(s)	Health Promotion and Nutrition Sciences
Career	☒ Undergraduate ☐ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Nutrition and Dietetics
Course Prefix & Number	DFN 348
Course Title	Nutrition in the Management of Disease I
Description	Application of the principles of nutrition to diet therapy including the selection and recommendation of foods for patients with nutrition-related conditions.
Pre/ Co Requisites	Major in Nutrition & Dietetics; DFN 248
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<p>☒ Not Applicable</p> <p>☐ Required</p> <p style="padding-left: 20px;">☐ English Composition</p> <p style="padding-left: 20px;">☐ Mathematics</p> <p style="padding-left: 20px;">☐ Science</p> <p>☐ Flexible</p> <p style="padding-left: 20px;">☐ World Cultures</p> <p style="padding-left: 20px;">☐ US Experience in its Diversity</p> <p style="padding-left: 20px;">☐ Creative Expression</p> <p style="padding-left: 20px;">☐ Individual and Society</p> <p style="padding-left: 20px;">☐ Scientific World</p>

3. **To:** Underline the changes

Department(s)	Health Promotion and Nutrition Sciences
Career	☒ Undergraduate ☐ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Nutrition and Dietetics
Course Prefix & Number	DFN 348
Course Title	Nutrition in the Management of Disease I
Description	Application of the principles of nutrition to diet therapy including the selection and recommendation of foods for patients with nutrition-related conditions.
Pre/ Co Requisites	<u>Major in Nutrition & Dietetics, DFN 248, DFN 341</u>
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	☒ Not Applicable ☐ Required ☐ English Composition ☐ Mathematics ☐ Science ☐ Flexible ☐ World Cultures ☐ US Experience in its Diversity ☐ Creative Expression ☐ Individual and Society ☐ Scientific World

4. **Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):**

We propose to add DFN 341: Nutrition Throughout the Lifecycle, as a prerequisite for DFN 348: Nutrition in the Management of Disease I, to align with the Accreditation Council for Education on Nutrition and Dietetics (ACEND) curriculum sequencing standards. Previously, DFN 341 functioned as an indirect prerequisite because students completed 341 before taking the Didactic Program in Dietetics (DPD) entrance examination. The admission process has been revised, and students are not required to

take an entrance examination to enter the program. Adding DFN 341 as an explicit prerequisite will ensure students have the foundational knowledge necessary for success in medical nutrition therapy coursework and support achievement of program learning outcomes.

Additionally, this proposal adds "Department Permission" as a requirement for DFN 348, to ensure that non-matriculated and second-degree students seeking the DPD Verification Statement receive appropriate advising and approval before enrollment in DFN 348. This change will provide greater transparency regarding eligibility requirements for the course.

5. **Date of departmental approval:** 09/09/2026

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CURRICULUM CHANGE

1. **Type of Change:** *Prerequisite*

2. **From:** ~~Strike through the changes~~

Department(s)	Health Promotion and Nutrition Sciences
Career	☒ Undergraduate ☐ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Nutrition and Dietetics
Course Prefix & Number	DFN 248
Course Title	Nutrition in Health Care
Description	An examination of the delivery of health and nutrition services through the nutrition care process.
Pre/ Co Requisites	HSD 240
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<p>☒ Not Applicable</p> <p>☐ Required</p> <p> ☐ English Composition</p> <p> ☐ Mathematics</p> <p> ☐ Science</p> <p>☐ Flexible</p> <p> ☐ World Cultures</p> <p> ☐ US Experience in its Diversity</p> <p> ☐ Creative Expression</p> <p> ☐ Individual and Society</p> <p> ☐ Scientific World</p>

3. **To:** Underline the changes

Department(s)	Health Promotion and Nutrition Sciences
Career	☒ Undergraduate ☐ Graduate
Academic Level	☒ Regular ☐ Compensatory ☐ Developmental ☐ Remedial
Subject Area	Nutrition and Dietetics
Course Prefix & Number	DFN 248
Course Title	Nutrition in Health Care
Description	An examination of the delivery of health and nutrition services through the nutrition care process.
Pre/ Co Requisites	<u>DFN 215</u>
Credits	3
Hours	3
Liberal Arts	☐ Yes ☒ No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	☒ Not Applicable ☐ Required ☐ English Composition ☐ Mathematics ☐ Science ☐ Flexible ☐ World Cultures ☐ US Experience in its Diversity ☐ Creative Expression ☐ Individual and Society ☐ Scientific World

4. **Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):**

This proposal updates the prerequisite course code for DFN 248 to align with the current curriculum and identifies DFN 215 as the prerequisite course. HSD 240 course code is from the previous curriculum and needs to be updated in the current catalog.

5. **Date of departmental approval:** 09/09/2026