

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF SOCIAL WORK

CURRICULUM CHANGE

Name of Program and Degree Award: Aging (Interdisciplinary Minor)

1. **Type of Change:** Degree Requirements

2. **From:**
Aging (Interdisciplinary Minor)

The Interdisciplinary Minor in Aging will engage students from all Departments across different Schools within the College in a common goal of scholarship in the area of aging; it will also prepare students interested in working professionally in the field of aging. A range of relevant courses representing the College's broad curricular offerings will be available to students to provide an understanding of aging from various perspectives. The Minor will be of interest to students who are majoring in several departments in the Natural and Social Sciences, including but not limited to Anthropology, Biology, Economics, Health Sciences, Nursing, Psychology, Social Work, and Sociology, as well as to students majoring in such Arts and Sciences disciplines as Art, History, Literature, Music, and Speech-Language-Hearing Sciences.

Degree Requirements

Students will complete four courses (12 credits) at the 200- and 300-level. At least six credits must be taken in 300-level courses, or a higher-level course approved by the Program. No more than 6 credits may be taken in any one department.

Students will select in consultation with their advisor from the following menu of relevant 3-credit courses offered in various departments in the Schools of Natural and Social Sciences and Health Sciences, Human Services, and Nursing:

Minor Requirements – Overall

Type: Completion requirement

Earn at least 12 credits

Minor Requirements – Required Courses

Type: Completion requirement

Complete at least 2 of the following courses:

	Credits
PSY 219 Psychology of Adulthood and aging	3

PSY 245	Psychological Testing and Assessment	3
SOC 243	The Aged in Modern Society	3
SWK 242	Social Work Practice with Older Adults	3
DFN 210	Practical Food and Nutrition	3

Complete at least 2 of the following courses:

		Credits
HEA 310	Health and Aging	3
HEA 336	Perspective on Death and Dying	3
PSY 366	Clinical Neuropsychology	3
SOC 343	Sociological Theories of Aging	3
SPV 300	Neurolinguistics of Aging	3
SWK 342	Social Work Policies in an Aging Society	3
THR 325	Recreational Therapy and Geriatrics	3
SWK 363	Aging in the Global Context	3

3. To:**Aging (Interdisciplinary Minor)**

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Complete at least 2 of the following courses:

		Credits
HEA 310	Health and Aging	3
HEA 336	Perspective on Death and Dying	3
PSY 366	Clinical Neuropsychology	3
<u>SOC 311</u>	<u>Social Scientific Perspectives on Health, Disability and Aging</u>	<u>3</u>
SOC 343	Sociological Theories of Aging	3
SPV 300	Neurolinguistics of Aging	3
SWK 342	Social Work Policies in an Aging Society	3
SWK 363	Aging in the Global Context	3
THR 325	Recreational Therapy and Geriatrics	3

4. Rationale:

The addition of SOC 311 will enhance students' understanding of the quantitative methods crucial for examining health and aging. It will provide valuable skills in data analysis and research essentials for exploring demographic information on health and disability. Moreover, the course will strengthen students' ability to develop and interpret research findings, enriching their multidisciplinary perspective on aging.

5. Date of departmental approval: 12/10/2025