

Lehman College Department of Nursing

THERAPEUTIC INTERVENTION I (NUR 301) PSYCHOMOTOR SKILLS

Satisfactory completion of the Critical Elements for each nursing course is required by the end of the semester to receive a passing grade for the clinical experience.

Critical Skills – are marked with an asterisk * and student must be validated. Any **four (4)** of the Critical Skills that are **unsatisfactory** will require remediation. More than **two (2)** remediations will result with failing the skills lab.

Student Name: _____

NURSING SKILLS	VALIDATION		COMMENTS
	SATISFACTORY	Un-SATISFACTORY	
1. Vital Signs			
1.1. Pulse, Rate (apical, radial, dorsalis pedis, carotid, posterior tibia) *			
1.2. Pulse Oximetry *			
1.3. Pain Scale *			
1.4. Respiratory Rate/Quality *			
1.5. Temperature (electronic, tympanic, oral, and rectal) *			
1.6. Blood Pressure (auscultative, palpable, electronic) *			
2. Infection Control			
2.1. Standard Precautions *			
2.2. PPE Donning/Doffing *			
2.3. Waste Management/Sharps Disposal *			
2.4. Sterile Technique/Sterile Field *			
2.5. Isolation (Contact, Airborne, Droplet) *			
2.6. Hand Washing *			

3. Positioning and Mobility			
3.1. Turning/Positioning *			
3.2. Transferring *			
3.3. Ambulating/Assisted Devices *			
3.4. Safe Transport of Patient *			
3.5. Range of Motion Exercises			
3.6. Applying Antiembolic Stockings & Sequential Compression Device (SCD)			
4. Safety			
4.1. Use of bed and wheelchair operations and functions			
4.2. Use of Call Bell System			
4.3. ID/allergy bands			
4.4. Restraints use/policy, procedure			
4.5. Seizure Precautions			
4.6. Fall Prevention Strategies			
4.7. Environmental Survey*			
5. Medication Administration			
5.1. Subcutaneous route *			
5.2. Intramuscular route *			
5.3. Intradermal injection			
5.4. Topical and transdermal patch			
5.5. Enteral route (nasogastric, gastrostomy, PEG)			
5.6. Nasal drops/spray			
5.7. Suppository (rectal, vaginal)			
5.8. Oral route *			
5.9. Ear drops			
5.10. Eye drops/ointment			
5.11. Basic dosage calculations *			
6. Tubes/Drains			
6.1. Indwelling urinary catheter (Foley)			
6.2. External female catheter			
6.3. External male catheter			
7. Physical Assessment			
7.1. General survey			
7.2. Respiratory system/Thorax and lung			

7.3. Cardiovascular system, heart, and neck			
7.4. Gastrointestinal system/genitourinary system			
7.5. Neurological system			

Student Name: _____

Lab Initials/Signature: _____