

# Macaulay Honors College

## MHC Therapeutic Recreation, BS

Academic Plan: MHCTRE-BS  
Program Code: 38644

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Therapeutic Recreation Degree.

You and your advisor will use it, along with the program of study for your major (found in the [Lehman Bulletin](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

# 30

CUNY Common Core Credits

# 9-18

Additional Macaulay Honors Requirements

# 12

Lehman College Option Credits

# 52

Major Credits

# 8-17

Elective Credits

### LEGEND:

**Course Abbreviation** Credits

Class Name

Blue: Lehman Core Requirement (LCR) &  
Macaulay Honors College Requirement  
*Requirement fulfilled*

Green: Major Requirement

Gold: Elective, Minor, or Certificate

# - see footnote

Underlined information is hyperlinked

# FRESHMAN

<b>FALL</b>		
<b>ENG 111</b>	English Composition I <i>Required Core – Communication</i>	3 CR
<b>MHC 350</b>	The Arts in New York City Fulfills <i>Flexible Core – Creative Expression</i>	3 CR
<b>MAT 104</b>	(depending on your math placement) or Elective	3 CR
<b>LCR</b>	<i>Flexible Core – World Cultures and Global Issues</i>	3 CR
<b>PSY 166 -LCR</b>	General Psychology <i>Flexible Core – Any area</i> <sup>[1]</sup>	3 CR
Note: Macaulay Honors Advisement <sup>[3]</sup>		

<b>SPRING</b>		
<b>MHC 351</b>	The Peopling of New York City Fulfills <i>Flexible Core – US Experience in Its Diversity</i>	3 CR
<b>LCR</b>	<i>Required Core – Quantitative Skills</i>	3 CR
<b>LCR</b>	Foreign Language I <i>College Option - Foreign Language</i>	3 CR
<b>BIO 181-LCR</b>	Anatomy and Physiology I <i>Required Core – Life and Physical Science</i>	4 CR
<b>PSY 234</b>	Abnormal Psychology	3 CR
Note: Macaulay Honors Advisement <sup>[3]</sup>		

15 FALL CREDITS + 16 SPRING CREDITS = 31 CREDITS

# SOPHOMORE

<b>FALL</b>		
<b>LCR</b>	Foreign Language II <i>College Option - Foreign Language</i>	3 CR
<b>MHC 352</b>	Science and Technology in New York City Fulfills <i>Flexible Core – Scientific World</i>	3 CR
<b>LSP ###/ MHC ###</b>	<sup>[6]</sup> Select one LSP/MHC Seminar	3 CR
<b>HIN 268</b>	Growth and Development	3 CR
<b>Elective</b>		2 CR
Note: Macaulay Honors Advisement <sup>[3]</sup>		

<b>SPRING</b>		
<b>ENG 121</b>	English Composition II <i>Required Core – Communication</i>	3 CR
<b>MHC 353</b>	Shaping the Future of New York City Fulfills <i>Flexible Core – Individual and Society</i>	3 CR
<b>LCR</b>	Foreign Language III <i>College Option - Foreign Language</i>	3 CR
<b>Elective</b>		3 CR
<b>Elective</b>		3 CR
Note: Macaulay Honors Advisement <sup>[3]</sup>		

31 PRIOR CREDITS + 14 FALL CREDITS + 15 SPRING CREDITS = 60 CREDITS

# JUNIOR

## FALL

**LCR** 3 CR  
Foreign Language IV  
*College Option - Foreign Language*

**REC 300** 3 CR  
History and Philosophy of Recreation

**REC 320** 3 CR  
Recreation Leadership

**REC 321** 3 CR  
Introduction to Therapeutic Recreation Service

**REC 324** 3 CR  
Therapeutic Recreation for Children and Youth

Note: Additional Macaulay Requirements <sup>[4]</sup>

## SPRING

**Internship or Study Abroad or Elective** <sup>[5]</sup> 3 CR

**REC 325** 3 CR  
Therapeutic Recreation in Long-Term Care

**REC 387** 3 CR  
Research and Evaluation in Recreation Service

**REC 401** 3 CR  
Administration of Recreation Services

**REC 421** 3 CR  
Programs in Therapeutic Recreation Service

Note: Additional Macaulay Requirements <sup>[4]</sup>

60 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 90 CREDITS

# SENIOR

## FALL

**Senior Year Option 1 or 2** <sup>[7]</sup> 3-6 CR

**LSP ###/ MHC ###** <sup>[6]</sup> 3 CR  
*Select one LSP/MHC Seminar*

**REC, REH, EXS, DNC, DFN, HEA, HSA, or HSD ###** <sup>[2]</sup> 3 CR  
Recreation elective

**REC 425** 3 CR  
Processes and Techniques of Therapeutic Recreation

**Elective** 3 CR

## SPRING

**Senior Year Option 1 or 2** <sup>[7]</sup> 3-6 CR

**LSP ###/ MHC ###** <sup>[6]</sup> 3 CR  
*Select one LSP/MHC Seminar*

**REC 370** 4 CR  
Recreation Internship

**REC 471** 5 CR  
Therapeutic Recreation Internship

90 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 120 CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] Take any 3-credit course from REC, REH, EXS, DFN, HEA, HSA, or HSD

[3] Every Macaulay Honors student is required to meet with the Macaulay Honors Advisor prior to registration during their first four terms.

[4] Every Macaulay Honors student is required to complete a minimum of 30 hours of community service by their senior year.

[5] Every Macaulay Honors student is required to complete at least one (1) qualifying internship or study abroad experience. Students may fulfill this requirement with a paid, unpaid, and credit-bearing or non-credit bearing experience. In all instances, students must complete an MHC internship agreement form and subsequent internship evaluation, in order to be acknowledged for fulfilling this requirement.

[6] Every Macaulay Honors student is required to complete nine (9) credits in Upper Level honors courses (MHC or LSP). These courses can be taken at the Macaulay Honors College, which may require an ePermit (See Advisor). They may also be taken on campus by enrolling in an LSP Seminar.

[7] Macaulay Honors students may chose a Senior Option 1 or Senior Option 2 based on the following

Senior Option 1

Fall Semester: LSP ###/ MHC ### (select one LSP/MHC seminar)

Spring Semester: Honors in Major (Where offered) or LSP 481: Honors Tutorial

Senior Option 2

Fall Semester: LSP ###/ MHC ### (select one LSP/MHC seminar) and MHC 355: Research Seminar (Part 1

Spring Semester: MHC 355: Research Seminar (Part 2)

*NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive, 3 prior to earning 60 credits and 1 following. These sections may be searched by class attribute and are offered in General Education, major, minor and elective courses.*

See other degree maps.