



## Transfer Advising Worksheet – Pathways A.S. in Community Health at Hostos CC to B.S. in Recreation Education at Lehman College

Effective Date: Fall 2023

## **Hostos Community College:**

Common Core	Credits	
Required Common Core – 12 credits		
English Composition: ENG 110, ENG 111	6	
Mathematical & Quantitative Reasoning MAT 120 strongly recommended	3	
Life & Physical Sciences BIO 230 Anatomy and Physiology I	3	
Flexible Core – 18 credits		
A. World Culture & Global Issues: Modern Language strongly recommended	3	
B. U.S. Experience in Its Diversity	3	
C. Creative Expression	3	
D. Individual & Society:	3	
E. Scientific World: BIO 240 Anatomy and Physiology	3	
Select one additional course from areas A - E	3	
Total Common Core	30	
Associate Degree Major Requirements Remaining as Advised		
HLT 110 Intro to Community Health Education	3	
HLT 212 Bilingual Issues in Community Health	3	
HLT 214 Substance Use and Abuse	3	
HLT 215 Nutrition	3	
HLT 220 Contemporary Health Issues	3	
HLT 299 Field Experience in Community Health	3	
Total Remaining Associate Degree Major Credits as Advised	18	
Free Electives		
General Electives Modern Language is strongly recommended, HLT 106 required	12	
Total Program Credits	60	

Lehman College:

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College Option	Credits
Choose two of the following:	
LEH 352 Studies in Literature	
LEH 353 Studies in the Arts	6
LEH 354 Historical Studies	
LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	
Bachelor's Degree Major Requirements Remaining	
21 credits in Recreation Education:	
REC 200 History and Philosophy of Recreation	
REC 210 Recreation Leadership	21
REC 240 Inclusive Recreation Service	21
REC 302 Administration of Recreation Service	
REC 360 Selected Topics in Recreation	
REC 387 Research and Evaluation in Recreation	
REC 422 Program Planning in Recreation	
12 Credits in One Concentration:	
Either	
Recreation Management:	
REH 330 – Management of Youth Serving Organizations	
REC 361 Outdoor Recreation and Sustainable Management	
REC 405 Facility Management in Recreation Service	
REC 410 Advanced Financial and Human Resource Management in Rec. Service	12
Or	
Exercise and Sport:	
EXS 264 Introduction to Exercise Science	
EXS 265 Behavioral Aspects of Physical	
Activity	
EXS 304 Coaching Youth and Team Sports	
EXS 424 Principles and Practices of Fitness and Wellness Programming	
6 credits Selected from:	
REC, REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with	0
Departmental approval	
6 credits in Recreation Internship: REC 470 Recreation Education Internship	6
Remaining credits in the Lehman major	39
General Electives	
Students should consult with an advisor when choosing elective courses to ensure	15
the 60-credit Liberal Arts requirement is being satisfied.	
Total Credits Earned at Lehman College	60
Total Credits Transferred from HCC	60
Total credits Required for Bachelor's degree at Lehman College	120

## \* BS to MS Dual Credit Opportunity

Undergraduate students majoring in Recreation Education with 90 or more credits and a minimum of a (3.0) cumulative index and (3.0) index in the major may be permitted to enroll in up to 12 credits of graduate coursework for the College's M.S.Ed. in Recreation Education Option A: Recreation and Park Administration. The following graduate courses may be taken in place of these undergraduate courses: REC 702 (in place of REC 422), REC 706 (in place of REC 361), REC 680 (in place of REC 240), and REC 680 (in place of any other 300-level elective). The student must receive permission from both the academic undergraduate and graduate advisors.