



Transfer Advising Worksheet – Pathways A.S. in Liberal Arts and Science at Hostos CC to B.S. in Recreation Education at Lehman College

Effective Date: Fall 2023

Hostos Community College:

Common Core	Credits	
Required Common Core – 14 credits		
English Composition: ENG 110, ENG 111	6	
Mathematical & Quantitative Reasoning MAT 160	4	
Life & Physical Sciences BIO 210, CHE 210 OR PHY 210	4	
Flexible Core – 19-20 credits		
A. World Culture & Global Issues	3	
B. U.S. Experience in Its Diversity	3	
C. Creative Expression	3	
D. Individual & Society	3	
E. Scientific World: BIO 220, CHE 220 OR PHY 220	4	
Select one additional course from Scientific World: BIO 260 or BIO 310 or MAT 220 or MAT 310 or CHE 310/312	3-4	
Total Common Core	33-34	
Associate Degree Major Requirements Remaining as Advised		
Select one course sequence from an area of concentration different from that selected in the		
Common Core (Life and Physical Science and Scientific World)		
A. BIOLOGY: BIO 210 and BIO 220	8	
B. CHEMISTRY: CHE 210 and CHE 220		
C. PHYSICS: PHY 210 and PHY 220		
SCI 100 Introduction to Science	3	
MAT 210 Calculus I	4	
SCI 299 or BIO 299 or CHE 299 or PHY 299	3	
Choose 2 additional courses from the following: BIO 230, BIO 240, BIO 260, BIO 310, CHE	8-9	
310/312, MAT 220 OR MAT 310	26.25	
Total Remaining Associate Degree Major Credits as Advised	26-27	
Free Electives		
General Electives	0-4	
Total Program Credits	60	

Lehman College:

	College Option	Credits
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Choose two of the following:		
LEH 352 Studies in Literature		
LEH 353 Studies in the Arts	6	
LEH 354 Historical Studies	Ū	
LEH 355 Studies in Philosophy, Theory, and Abstract Thinking		
Bachelor's Degree Major Requirements Remaining		
21 credits in Recreation Education:		
REC 200 History and Philosophy of Recreation		
REC 210 Recreation Leadership		
REC 240 Inclusive Recreation Service		
REC 302 Administration of Recreation Service	21	
REC 360 Selected Topics in Recreation		
REC 387 Research and Evaluation in Recreation		
REC 422 Program Planning in Recreation		
12 Credits in One Concentration:		
Either		
Recreation Management:		
REH 330 – Management of Youth Serving Organizations		
REC 361 Outdoor Recreation and Sustainable Management		
REC 405 Facility Management in Recreation Service		
REC 410 Advanced Financial and Human Resource Management in Rec. Service	12	
Or		
Exercise and Sport:		
EXS 264 Introduction to Exercise Science		
EXS 265 Behavioral Aspects of Physical		
Activity		
EXS 304 Coaching Youth and Team Sports		
EXS 424 Principles and Practices of Fitness and Wellness Programming		
6 credits Selected from:		
REC, REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with Departmental	6	
approval (electives taken at HCC may fulfill this requirement)		
6 credits in Recreation Internship: REC 470 Recreation Education Internship	6	
Remaining credits in the Lehman major	45	
General Electives		
Students should consult with an advisor when choosing elective courses to ensure	9	
the 60-credit Liberal Arts requirement is being satisfied.		
Total Credits Earned at Lehman College	60	
Total Credits Transferred from HCC	60	
Total credits Required for Bachelor's degree at Lehman College	120	

* BS to MS Dual Credit Opportunity

Undergraduate students majoring in Recreation Education with 90 or more credits and a minimum of a (3.0) cumulative index and (3.0) index in the major may be permitted to enroll in up to 12 credits of graduate coursework for the College's M.S.Ed. in Recreation Education Option A: Recreation and Park Administration. The following graduate courses may be taken in place of these undergraduate courses: REC 702 (in place of REC 422), REC 706 (in place of REC 361), REC 680 (in place of REC 240), and REC 680 (in place of any other 300-level elective). The student must receive permission from both the academic undergraduate and graduate advisors.